



Approved by:



Helele

2 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 & 4 5 – 6 Option 7 & 8	Heel Grind, Coaster Step, Step, Full Spiral, Forward Shuffle Touch right heel forward. Grind heel from left to right keeping weight on left. Step right back. Step left beside right. Step right forward. Step left forward (extended 5th). Step right forward with left full spiral. Counts 5 - 6: Walk forward left, right. Step left forward. Close right beside left. Step left forward.	Heel Grind Coaster Step Step Spiral Left Shuffle	On the spot Turning left Forward
Section 2 1 & 2 3 & 4 & 5 6 & 7 8	Heel & Touch, Kick & Point & Point, Behind Side Cross, 1/4 Turn Touch right heel forward. Step right beside left. Touch left beside right. Kick left forward. Step left beside right. Point right to right side. Step right beside left. Point left to left side. Cross left behind right. Step right to right side. Cross left over right. Turning 1/4 left step right back. (9:00)	Heel & Touch Kick & Point & Point Behind Side Cross Quarter	On the spot Right Turning left
Section 3 1 – 2 3 & 4 5 – 6 7 & 8	1/4 Turn, Together, Forward Shuffle, Forward Rock, Coaster Step Turning 1/4 left step left to left side. Step right beside left. (6:00) Step left forward. Close right beside left. Step left forward. Rock forward on right. Recover onto left. Step right back. Step left beside right. Step right forward.	Quarter Together Left Shuffle Rock Forward Coaster Step	Turning left Forward On the spot
Section 4 1 & 2 3 & 4 & 5 6 & 7 – 8	Heel & Touch, Kick & Point & Point, Behind Side Cross, Side Touch left heel forward. Step left beside right. Touch right beside left. Kick right forward. Step right beside left. Point left to left side. Step left beside right. Point right to right side. Cross right behind left. Step left to left side. Cross right over left. Step left to side.	Heel & Touch Kick & Point & Point Behind Side Cross Side	On the spot Left
Section 5 1 & 2 3 – 4 5 Option 6 & 7 – 8 Restart	Kick Ball Cross, Full Turn, Kick Ball Cross, Side Kick right forward. Step right back. Cross left over right. Turning 1/4 left step right back. Turning 1/2 left step left forward. Turning 1/4 left step right to right side. (6:00) Counts 3 - 5: Step right to right side, Cross left behind right, Step right to right side. Kick left forward. Step left back. Cross right over left. Step left to left side. Walls 3 and 5: Start dance again from the beginning.	Kick Ball Cross Quarter Half Quarter Kick Ball Cross Side	Right Turning left Left
Section 6 1 – 2 3 & 4 5 – 6 7 & 8	Back Rock, Chasse, Back Rock, Forward Shuffle Rock back on right. Recover onto left. Step right to right side. Close left beside right. Step right to right side. Rock back on left. Recover onto right. Step left forward. Close right beside left. Step left forward.	Rock Back Chasse Right Rock Back Left Shuffle	On the spot Right On the spot Forward
Section 7 1 – 4 5 – 6 7 – 8 Arms	Jazz Box 1/4 Turn Cross, Extended Grapevine 1/2 Turn With Arms Cross right over left. Turning 1/4 right step left back. Step right to side. Cross left over right. Step right to right side. Cross left behind right (dip down). Turning 1/4 right step right forward. Turning 1/4 right step left to left side. (3:00) 5 - 6: Arms chest level, prayer position, open arms upwards, palms up 7 - 8: Arms back to prayer position, open arms upwards, palms up	Jazz Box Quarter Cross Side Behind Half Turn	Turning right Right Turning right
Section 8 1 – 2 Arms 3 & 4 5 – 6 7 – 8	Behind 1/4 Turn With Arms, Forward Shuffle, Forward Rock, Touch, Unwind 1/2 Cross right behind left (dip down). Turning 1/4 left step left forward. (12:00) 1 - 2: Chest level prayer position, arms upwards, palms up Step right forward. Close left beside right. Step right forward. Rock forward on left. Recover onto right. Touch left toe back. Unwind 1/2 turn left (weight onto left). (6:00)	Behind Quarter Right Shuffle Rock Forward Touch Unwind	Turning left Forward On the spot Turning left.
Tag 1 – 4 5 – 8	End of Walls 1 and 4: Stomp, Clap x 2, Stomp, Clap x 2, Rocking Chair Stomp right forward. Hold (double clap). Stomp left forward. Hold (double clap). Rock forward on right. Recover onto left. Rock back on right. Recover onto left.	Stomp Hold Stomp Hold Rocking Chair	On the spot

Choreographed by: Alison & Peter (UK) September 2012

Choreographed to: 'Helele' by Helele (127 bpm) from CD Mr Saxobat, Summer Dance Hits; download available from amazon.co.uk or iTunes (32 count intro after beat kicks in, approx 17 secs)

Tag/Restarts: One easy Tag after Walls 1 and 4: Two Restarts (Walls 3 and 5)



A video clip of this dance is available at www.linedancermagazine.com