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Heidi

64 Count, 2 Wall, Improver Choreographer: Audrey Watson (Scotland) Feb 2013 Choreographed to: Heidi by Kurt Darren (iTunes and Amazon)

16 Count Intro: Start on Main Vocals

10	Count ii	niio. Otai	t Oii iviaiii	v Ocais	

1	Back Rock, Walk, Walk, Kick & Point, Kick & Point
1-2	Rock back on right, recover fwd on left.
3-4	Walk fwd on right, walk fwd on left.
5&6	Kick right foot fwd, step down on ball of right, point left toe to left side.
7&8	Kick left foot fwd, step down on ball of left, point right toe to right side.

# 2 Behind Side, Cross Shuffle, Side Rock, Sailor ¼ Turn.

1-2 Cross right behind left, step left to left	side.
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- 3&4 Cross right over left, step left to left side, cross right over left.
- 5-6 Rock left to left side, recover on right.
- 7&8 Turn ½ left stepping left behind right, step right to right side, step left to left side.

## 3 Fwd Rock, Shuffle Back, Slide, Slide, Coaster Cross.

- 1-2 Rock fwd on right, recover back on left,
- 3&4 Shuffle back on right, left, right.
- 5-6 Slide left foot back, slide right foot back.
- 7&8 Step back on left, step right next left, cross left over right.

### 4 Side Tog, Chasse, Cross Rock, Chasse ¼ Turn.

- 1-2 Step right to right side, step left next right.
- 3&4 Step right to right side, close left next right, step right to right side.
- 5-6 Cross rock left over right, recover back on right.
- 7&8 Step left to left side, close right next left, turn ¼ left stepping fwd on left.

# 5 Kick & Point x 2, Behind Unwind ½ Turn, Full Turn or Walk Walk.

- 1&2 Kick right foot fwd, step down on ball of right, point left foot to left side.
- 3&4 Kick left foot fwd, step down on ball of left foot, point right foot to right side.
- 5-6 Step right foot behind left, unwind ½ turn right, (weight on right foot)
- 7-8 Turn ½ right stepping back on left, turn ½ right stepping fwd on right.

Option: can be replaced by walk fwd on left, right.

Restart from the beginning During Wall 5

Replace Steps 7-8 Step fwd on left, hold for a beat.

# 6 Jazz box Cross, Side Behind, ¼ Turn, ¼ Turn.

- 1-2 Cross left over right, step back on right.
- 3-4 Step left to left side, cross right over left.
- 5-6 Step left to left side, step right behind left.
- 7-8 Turn ¼ turn left stepping fwd on left, turn ¼ left stepping right to right side.

### 7 Back Rock, Kick & Cross, Step Hold & Step Touch.

- 1-2 Rock back on left, recover fwd on right.
- 3&4 Kick left foot fwd, step down on ball of left, cross right over left.
- 5-6 Step left to left side, hold for a beat.
- & 7-8 Step right next left, step left to left side, touch right next left..

#### 8 Back Rock, Kick & Cross, Step hold & Step Hold.

- 1-2 Rock back on right, recover fwd on left.
- 3&4 Kick right foot fwd, step down on the ball of right, cross left over right.
- 5-6 Step right to right side, hold for a beat.
- & 7-8 Step left next right, step right to right side, transfer weight to left foot.

At the end of wall 4 the music slows down, you will be dancing in slow motion, just keep to the beat until it comes back up to speed.

This dance was written by request for Rachel Lardy - France