

Intro 16 count from heavy beat.

Starting position - Sweetheart

**MAN. Siderock cha cha cha X 2.**

**LADY. Walk walk shuffle X 2 (circling round the man)**

1 – 2 Man: (release R hand) Rock L to L side, recover onto R

Lady: Walk, L, Walk R,

3 & 4 Man: Cha cha on the spot L R L.

Lady: Shuffle, L R L.

5 – 6 Man: Rock R to R side, recover onto L

Lady: Walk, R, L (Taking L hand over man's head)

7 & 8 Man: Cha, cha on the spot R L R.

Lady: Shuffle, R L R (resuming sweetheart position)

**BOTH**

**ROCK RECOVER, SHUFFLE BACK, SIDE ROCK, CROSS SHUFFLE**

1 – 2 Rock forward on L, recover onto R

3 & 4 Shuffle back L R L

5 – 6 Rock R to R side, recover onto L

7 & 8 Cross R over L, step L to L side, Cross R over L, (moving forward)

**SIDE ROCK, CROSS SHUFFLE, FORWARD ROCK RECOVER, SHUFFLE ½ R**

1 – 2 Rock L to L side, recover onto R

3 & 4 Cross L over R, step R to R side, cross L over R (moving forward)

5 – 6 Rock forward on R, recover onto L

7 & 8 Shuffle ½ turn R, R L R

**MAN. Shuffle ½ R, rock back recover, Shuffle forward, walk L R.**

**LADY. Shuffle ½ R, rock back recover, shuffle ½ L, walk back L R**

1 & 2 Man: (release L hand, raising R hand) Shuffle ½ R, L R L

Lady: Shuffle ½ R, L R L

3 – 4 Man: Rock back on R, recover onto L

Lady: Rock back on R, recover onto L

5 & 6 Man: Shuffle forward, R L R

Lady: Shuffle ½ L, R L R (RLOD)

7 – 8 Man: Walk forward, L R

Lady: Walk back, L R

**MAN. Shuffle forward, rock recover, shuffle back, rock recover**

**LADY. Shuffle back, rock back, recover, shuffle ½ L, rock back, recover**

1 & 2 Man: Shuffle forward, L R L,

Lady: Shuffle back, L R L

3 – 4 Man: Rock forward on R, recover onto L

Lady: Rock back on R, recover onto L

5 & 6 Man: Shuffle back, R L R

Lady: Shuffle ½ L, R L R (resume sweetheart position) (LOD)

7 – 8 Man: Rock back on L, recover onto R

Lady: Rock back on L, Recover onto R

**BOTH**

**TOUCH KICK, COASTER CROSS, POINT CROSS X 2**

1 – 2 Touch L toe forward, kick

3 & 4 Step back on L, step R beside L, cross L over R

5 – 6 Point R to R side, step R across L

7 – 8 Point L to L side, step L across R

**ROCK FORWARD RECOVER, SHUFFLE BACK, ROCK BACK RECOVER, WALK L R.**

1 – 2 Rock forward on R, recover onto L

3 & 4 Shuffle back, R L R

5 – 6 Rock back on L, recover onto R

7 & 8 Walk forward, L R

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**¼ R BEHIND SHUFFLE ¼ L, FULL TURN L, SHUFFLE**

1 – 2 ¼ turn R, stepping L to L side, step R behind L (OLD)

3 & 4 Shuffle ¼ L, L R L (LOD)

5 – 6 (dropping R hand, raise L) Make ½ L, stepping back on R, ½ L, stepping forward on L  
(option Walk Walk)

7 & 8 Shuffle forward, R L R

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Music download available from iTunes

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