

## Heat Wave

80 Count, 4 Wall, Improver, Motown Fun

Choreographer: Carl Sullivan (Aus) July 2014

Choreographed to: Heat Wave by Aaradhna, Album: Sweet Soul Music (174 Bpm - 2:42 Mins – iTunes)

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### Intro – 16 counts - Styling 1960s Motown - 1 Restart

**Pattern: Each Sequence Turns ¼ Right**

(1-3 moves to R diagonal –with both arms at 90 degs swinging fwd, back, fwd)

1-2-3 Step R fwd on diagonal, Step L beside R, Step R fwd

4 Hitch L knee slightly to turn to L diagonal

5-6 Step L fwd on L diagonal, Touch R beside with clap

7-8 Turn to R diagonal & Step R fwd on diagonal, Touch L beside with clap

1-8 Turn to L diagonal and repeat above 8 counts leading with L foot

1-2 Step R back on slight angle to R, Touch L toe beside R - both arms swing to R

3-4 Step L back on slightly angle to L, Touch R toe beside L – both arms swing to L

5-8 Repeat above 4 counts

1-2 Step R to R, Touch L toe just behind R – R arm swings up

3-4 Step L to L, Touch R toe cross-behind L – R arm swings down & across to L

5-8 Repeat above 4 counts. Bend knees on touches

1-4 Step R to R, Step L behind R, ¼ R & Step R fwd, Step L to L 3:00

5-8 Swivel both heels L, Swivel both toes L, Swivel both heels L, Hold

1-2 Step R to R, Touch L toe just behind R – R arm swings out to R

3-4 Step L to L, Touch R toe cross-behind L – R arm swings down & across to L and look to L, keep knees bent

5-8 Repeat above 4 counts

1-2 Step R to R, Touch L beside R – R hand wipes sweat off brow (palm is down)

3-4 Step L to L, Touch R beside L – L hand wipes sweat off brow (palm is down)

5-8 Turn 3/4 R turn keeping turn tight stepping R, L, R, Hold 12:00

1-8 Repeat above 8 counts on L side leading with L foot & L hand 3:00

1-8 Using toe heel struts - Step R across L, Step L back, Step R to R, Step L fwd while both arms swing R,L,R,L

1-8 Vine R (R, L, R) Scuff L fwd, Vine L (L, R, L), Touch R beside L

**Restart: On the 3rd Sequence leave off the last 16 counts & restart**