

## Heat Of The Dance

64 count, 2 wall, Intermediate level  
Choreographer : Lorraine Susan Taylor (UK)  
March 1999  
Choreographed to : Storyline by Raddings &  
Moore, The Magnificent Seven CD (128 bpm)

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### **1 – 8 Rumba Basics.**

- 1 -4 Step RF Fwd, rock back onto LF. Step RF back, hold for one beat.  
5 -8 Step LF back, rock FWD onto RF. Step LF FWD, hold for one beat.

### **9 – 16 Pivot Turn. Cuban Walks.**

- 1 – 2 Step RF FWD. Pivot ½ turn to Left taking weight onto LF.  
3 – 4 Step RF FWD, hold for one beat.  
5 – 8 Walk FWD three small steps L R L (bump hips L R L) hold for one beat.

### **17 – 24 Heel Jack. Cross Hold. Cross Shuffle.**

- 1 – 2 Step RF to Right. Cross LF behind RF.  
& 3,4 Small step back RF. Touch left heel diagonally FWD, hold one beat.  
& 5,6 Small step back LF. Cross RF in front of LF, hold one beat.  
& 7 Step LF to Left, (small steps). Cross RF over LF.  
& 8 Step LF to Left, (small steps). Cross RF over LF.

### **25 – 32 Heel Jack. Cross Hold. Cross Shuffle.**

- 1 – 2 Step LF to Left. Cross RF behind LF.  
& 3,4 Small step back LF. Touch Right heel diagonally FWD, hold one beat.  
& 5,6 Small step back RF. Cross LF in front of RF, hold one beat.  
& 7 Step RF to Right (small step). Cross LF over RF.  
& 8 Step RF to Right (small step). Cross LF over RF.

### **33 – 48 Shimmy R & L. Paddle Turn. Cross Rock. Triple ½ Turn. To Right**

- 1 – 4 Step RF to Right & shimmy for two beats. Tap LF to RF.  
5 – 8 Step LF to Left & shimmy for two beats. Tap RF to LF.  
9 – 12 Step RF FWD. Pivot 1/8 turn to Left. Step RF FWD. Pivot 1/8 turn to Left.  
13 – 14 Cross RF over LF. Rock back onto LF.  
15 & 16 Step R L R Turning ½ to Right.

### **49 – 64 Shimmy L & R. Paddle Turn. Cross Rock. Triple ½ Turn To Left.**

- 1 – 4 Step LF to Left & shimmy for two beats. Tap RF to LF.  
5 – 8 Step RF to Right & shimmy for two beats. Tap LF to RF.  
9 – 12 Step LF FWD. Pivot 1/8 turn to Right. Step LF FWD. Pivot 1/8 turn to Right.  
13 – 14 Cross LF over RF. Rock back onto RF.  
15 & 16 Step L R L Turning ½ to Left.
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