

Heat It Up – Cha Cha

32 count, 4 wall, intermediate level

Choreographer: Johnny S' (UK) May 2002

Choreographed to: Samba Pa Ti by Bob Hume &
Roger Edsell, Album: Heat It Up-The Art Of Dance;
Island by Eddie Raven, Album, Awesome 4

Choreographer's Notes:

You can start the dance straight away after counting in 6-7-8....begin the dance after the initial drum roll. When you start the dance from here, after you've completed the 3rd sequence (facing the 9 o'clock wall), stand and pause for 4 counts (holler '1-2-3-4'), then restart the dance from the beginning.

Alternatively....you can wait 52 seconds (100 count intro), and start from there with no pauses.....the choice is yours! ENJOY....

1-8 Slow Left Coaster Step, Chasse Right, Rock-Recover, ½ Turn Shuffle Left

1-2-3 Step left foot back, Step right foot back beside left, Step left foot forward
4&5 Step right foot to right side, Step left beside right, Step right foot to right side
6-7 Cross-rock left foot over right, Recover weight onto right
8&1 Shuffle ½ turn left stepping L, R, L

9-16 Full Turn Right, Right Shuffle Forward, ¼ Turn Right & Sway, Chasse Left

2-3 Make full turn right stepping R, L (moving slightly forward)
4&5 Shuffle forward R, L, R
6-7 On ball of right make ¼ turn right and step-sway left foot to left side,
Recover-sway back onto right foot
8&1 Side shuffle to left L, R, L

17-24 Rock-Recover, Chasse Right, Behind-Side-Cross, Rock-Recover

2-3 Cross-rock right foot over left, Recover weight onto left
4&5 Side shuffle to right stepping R, L, R
(alternative: Triple full turn to right stepping R, L, R)
6&7 Cross left foot behind right, Step right foot slightly to right, Cross left over right
8-1 Rock right foot forward, Recover weight onto left

25-32 ¾ Turn Shuffle right, Step, Recover, Left Sailor & ¼ Turn, Kick, Step

2&3 Shuffle ¾ turn right stepping R, L, R
4-5 Step-sway forward on left foot, Recover-sway back onto right foot
6&7 Step left behind right, Step right to side with ¼ turn left, Step left beside right
8 Kick right foot forward
& Step right foot in place beside left
