

Heartbreak Shuffle

32 Count, 4 wall, Beginner level

Choreographer: Emcee (UK) Feb 06

Choreographed to: Achy Breaky Heart by Billy Ray
Cyrus, No. 1 Line Dancing Album (123 bpm)

16 count intro

Touch Touch, Shuffle Fwd, Touch Touch Shuffle Forward

- 1,2 Touch R toe to right side, Touch R toe next to L
3&4 Step fwd on R, step L next to R instep, step fwd on R
5,6 Touch L toe to left side, touch L toe next to R
7&8 Step fwd on L, Step R next to L instep, step fwd on L

Rock Recover, Shuffle Back, Rock Recover, Shuffle Fwd

- 1,2 Rock fwd on R, recover weight onto L
3&4 Step R back, step L next to R instep, step R back
5,6 Rock back onto L, recover weight onto R
7&8 Step fwd on L, step R next to L instep, step fwd on L

Kick Kick, Sailor Step, Kick Kick, Sailor Step

- 1,2 Kick R across L, kick R fwd,
3&4 Sweep R out to right side and step back, step L next to R, step R in place
5,6 Kick L across R, kick L fwd
7&8 Sweep L out to left side and step back, step R next to L, step L in place
(kicks can be heel digs, sailors can be triple steps in place)

Cross Rock Recover, Side Shuffle, Cross Rock Recover, ¼ Turning Shuffle Left

- 1,2 Rock R across L, recover weight onto L
3&4 Step R to right side, step L next to R, step R to right side
5,6 Rock L across R, recover weight onto R
7&8 Step L to left side, step R next to L, turn ¼ left step onto L
(side shuffle can be full turn right, last shuffle can be 1& ¼ turn left)
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