

**Heartbreak Shake** 

**BEGINNER** 

32 Count

Choreographed by: Linda De Ford Choreographed to: Heartbreak Hotel by Scooter Lee

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## STEP FORWARD & BACK TO BASE

1 - 2 3 & 4 1 - 2 3 & 4	/It's fun to use an "Elvis look" on the head snap Step forward with right and join left to right Step back with right, holding left toe in place. Snap head to right, then forward again on count four. Step on left on count one. Step to left with right on two. Step back with left, holding right toe in place. Snap head to left and forward again on count four.
	STEP KICK-HIP ROLL
1 - 2 3 - 4 5 - 6 7 - 8	/Be careful not to travel forward Step on right on count one while kicking left foot on count two. Step on left on count three and kick right foot forward Step on right on count five and point left toe forward, holding count six, leave weight on right foot. Place ball of left to floor as you roll hips in right circular motion, finishing with weight on right foot.
1 - 2 3 - 4 5 - 6 7 - 8	CROSS TWIST-POINT & CLAP  Cross left over right on count 1 (body will turn slightly to right). Bring right to left as you slightly twist body back to the left.  Cross left over right on count 3, (twisting body slightly to right). Point right toe to right. Clap.  Cross right over left on count 5, (twisting slightly to left). Join left to right on count 6, twisting body slightly to right.  Cross right over left on count 7 (twisting slightly to left). Join left to right (face forward). Clap hands on count 8.
1 - 2 3 - 4 5 & 6 7 & 8	JAZZ CROSS-STEP PIVOT  Place right foot to right, shifting weight to ball of foot and back to left foot underneath you. Cross right in front of left (sort of a push-off and cross move)  Repeat above movement with left foot to left side, change weight to right, and cross with left.  Step forward with right foot, weight to ball of foot, pivoting left 1/2 turn on count 6.  Step forward with right foot, weight on ball of foot, pivoting left 1/2 turn on count 8.
	REPEAT
	/Intermediate Version
	PIVOT-SAILOR SHUFFLES
1 - 2 3 - 4 5 & 6 7 & 8	/(Replace the last 8 counts of the dance with these steps.) Step forward on right, pivoting 1/2 turn to left, keep left foot in place and transfer weight to left on count 2. Step forward on right, pivoting 1/2 turn to left, keep left foot in place and transfer weight to left on count 4. Step right with right foot, hook left slightly behind right, and replace weight to right foot. Step left with left foot, hook right slightly behind left, and replace weight to left foot.
	/Advanced Version
7 & 8 &	/(Changes from the Beginning Version only on the very last 3 beats.)  After pivoting on count 5-6, complete a double turn to the left, finishing at the original starting position

/This turn is pretty fast and there is an extra count to use

again.