

## Heartbeat

32 count, 4 walls, beginner level

Choreographer: Phil Johnson (England) March 2005  
Choreographed to: Heartbeat by Bobby Vee (CD  
Essential Rock and Roll); Excuse Me (I Think I've Got  
A Heartache) by The Mavericks (CD From Hell to  
Paradise) (160 bpm); Jig Party by Natalie Macmaster,  
CD: Blueprint

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16 count intro

### Grapevine right and left

- 1-4 Step right to right side, step left behind right; Step right to right side, touch left toe next to right.  
5-8 Step left to left side, step right behind left; Step left to left side, touch right toe next to left.

### Right and left shuffles x 2 doing a full turn right

- 9&10 (At an angle of 45 degrees to right) Step forward on right, Step left beside right,  
Step forward on right.  
11&12 (Starting to do a full turn right) Step forward on left, Step right beside left, Step forward on left.  
13&14 (Still turning right) Step forward on right, Step left beside right, Step forward on right.  
15&16 (Completing full turn right to end where you started) Step forward on left, Step right beside left,  
Step forward on left.

### Heel switches and toe switches

- 17&18 Point right toe to right side, step on right next to left, point left toe to left side  
&19&20 Step on left next to right, dig right heel forward, step on right next to left, dig left heel forward.  
&21&22 Step on left next to right, point right toe to right side, step on right next to left, point left toe to left  
side.  
&23&24 Step on left next to right, dig right heel forward, step on right next to left, dig left heel forward

### & Forward right and left shuffles

- & Step on left next to right  
25&26 Step forward on right, Step left next to right, step forward on right.  
27&28 Step forward on left, Step right next to left, step forward on left

### Paddle turn ¼ turn left

- 29-30 Step forward on right, 1/8 turn left transferring weight to left  
31-32 Step forward on right. 1/8 turn left transferring weight to left

Two Times by Ann Lee Linedance Fever 10 (130bbm) (32 count intro)

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