



Heartbeat

Script approved by *Christine Calver*.



Christine Calver

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Syncopated Heel Switches, Rock Recover, Shuffle Back, Back Rock.		
1 &	Tap right heel forward. Step right beside left.	Heel &	On the spot
2 &	Tap left heel forward. Step left beside right.	Heel &	
3 - 4	Rock forward on right. Recover on left.	Rock Recover	
5 & 6	Step back on right. Step left next to right. Step back on right.	Shuffle Back	
7 - 8	Rock back on left. Recover on right.	Back Rock	
Section 2	Jazz Box 1/4 Turn Left, Monterey Turn Right.		
1 - 2	Cross step left over right. Step back on right.	Cross Back	On the spot
3 - 4	Step left into 1/4 turn left. Touch right beside left.	Turn Touch	Turning left
5 - 6	Touch right toe to right. Make 1/2 turn right stepping right beside left.	Out Turn	Right
7 - 8	Point left to left. Step left beside right.	Out Together	On the spot
Section 3	Right Grapevine, Left Grapevine 1/2 Triple Turn Left.		
1 - 2	Step right to right. Cross step left behind right.	Step Behind	Right
3 - 4	Step right to right. Touch left beside right.	Step Touch	
5 - 6	Step left to left. Cross step right behind left.	Step Behind	Left
7 & 8	Triple 1/2 turn left stepping left, right, left.	Triple Turn	Turning left
Section 4	Forward Rock, Right Coaster Step, Forward Rock, Left Coaster Step		
1 - 2	Rock forward right. Recover on left.	Rock Recover	On the spot
3 & 4	Step back right. Step left beside right. Step forward right.	Right Coaster	
5 - 6	Rock forward left. Recover on right.	Rock Recover	
7 & 8	Step back left. Step right beside left. Step forward left.	Left Coaster	

INTERMEDIATE

4 Wall Line Dance:- 32 Counts. Beginner Level.

Choreographed by:- Christine Calver (UK) Sept 2001

Choreographed to:- 'The Heart Stops The Clock' by James Bonamy (117 bpm) from Steppin' Country 4 CD, 16 Count Intro, start on lyrics

Alternative Music:- 'Tear One' from Line Dance Fever 13, track 13.