

# Heart On A String

When I heard this song it reminded me of 'Black Horse & the Cherry Tree'. Kate Sala, whose 'Black Horse' was such a huge success agreed and we collaborated on this dance. What a talented choreographer Kate is, she hears every single nuance of a song and writes to it. It was a privilege to work with her.

### 4 WALL - 48 COUNTS - INTERMEDIATE LEVEL

Steps	Actual Footwork	Calling Suggestion	Direction
<b>Section 1</b> 1&2& 3&4 5&6 7&8	<b>Kick, &amp; Heel Dig, &amp; Heel Dig Rock, Step, Coaster Step, Shuffle Forward</b> Low kick right forward. Step right beside left. Dig left heel forward. Step left beside right. Dig rock right heel forward. Recover onto left. Step back on right. Step back on left. Step right beside left. Step forward onto left. Shuffle forward stepping – right, left, right.	Kick & Heel & Dig Rock Step Coaster Step Right Shuffle	On the spot   Forward
<b>Section 2</b> 1&2 3&4& 5-6 7&8 <b>Restart</b> 7-8	<b>Mambo 1/2 Turn, Paddle 1/4 Turn x 2, Side Rock, Behind, Side, Cross</b> Rock forward on left. Recover onto right. Turn 1/2 left and step forward on left. Touch right forward. Push turn 1/4 left. Repeat. Rock right to right side. Recover onto left. Cross right behind left. Step left to left side. Cross right over left. <b>Restart</b> Wall 6 facing 3 o'clock. Replace counts 7&8 with Cross right behind left. Turn 1/4 left and step forward on left (12 o'clock). Start again from the beginning.	Mambo Turn Push & Push & Side Rock Behind Side Cross	Turning left Turning left On the spot Left
<b>Section 3</b> &1 2-3 4&5 6&7 8&	<b>Side, Cross, Side Rock, Behind, 1/4 Turn, Step, Rumba Box</b> Step left to left side. Cross right over left. Rock left to left side. Recover onto right. Cross left behind right. Turn 1/4 right and step forward on right. Step forward on left. Step right to right side. Step left beside right. Step back on right. Step left to left side. Step right beside left.	Side Cross Side Rock Behind Turn Step Side Together Back Side Together	Left On the spot Turning right Back Left
<b>Section 4</b> 1 2&3 4&5 6-7 8&1	<b>Cross, Rumba Box, Walk x 2, Sailor Step 1/2 Turn</b> Cross left over right. Step right to right side. Step left to left side. Step forward on right. Step left to left side. Step right beside left. Step back on left. Walk back on right. Walk back on left. Cross right behind left. Turn 1/4 right stepping left in place. Turn 1/4 right stepping forward on right	Cross Side Together Forward Side Together Back Walk Walk Sailor Turn	On the spot Forward Back Turning right
<b>Section 5</b> &2-3 4&5 &6-7 8&1	<b>Ball Step 1/4 Turn, Step, Mambo 1/4 Turn, Ball Step, Cross, Scissor Step</b> Step left beside right. Turn 1/4 right and step forward on right. Step forward on left. Rock forward on right. Recover onto left. Turn 1/4 right stepping right to right side. Step left beside right. Step right to right side. Cross left over right. Step right to right side. Step left beside right. Cross right over left.	& Turn Step Mambo Turn & Side Cross Scissor Step	Turning right Turning right Right On the spot
<b>Section 6</b> 2&3 4&5 6-7-8	<b>Touch, Hitch, 1/4 Turn, Step, Pivot 1/2 Turn, Step, Step, Pivot 1/2 Turn, 1/4 Turn</b> Touch left to left side. Hitch left knee. Turn 1/4 left stepping forward on left. Step forward on right. Pivot 1/2 turn left. Step forward on right. Step forward on left. Pivot 1/2 right. Turn 1/4 right stepping left to left side.	Touch Hitch Turn Step Turn Step Step Turn Turn	Turning left Turning left Turning right

**Choreographed by:**

Vivienne Scott &  
 Kate Sala  
 CAN  
 April 2013

**Choreographed to:**

'My Oh My' by Tristan  
 Prettyman from CD  
 Cedar+Gold also available  
 on itunes and amazon (Intro  
 8 counts)

**Restarts:**

One Restart with bridge  
 on Wall 6 facing 3 o'clock



A video clip of this  
 dance is available at  
[www.linedancermagazine.com](http://www.linedancermagazine.com)