



Heart Break

Count:A 48/B 34, intermediate level

Choreographer : Craig McConochie (Sco) Nov 2001
Choreographed to : The Kind of Heart That Breaks by
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Phrased A, B A counts 33-48, AB, AB, A counts 1-17

PART A

COUNT ROCK FWD L, RECOVER, 1/2 TURN L, ROCK FWD R, RECOVER, 1/2 TURN R

- 1-2 Rock forward onto left, recover on right
3&4 Triple step 1/2 right, stepping left,right,left
5-6 Rock forward onto right, recover on left
7&8 Triple step 1/2 left, stepping right, left, right

COUNT POINT, CROSS, POINT CROSS, BACK L, BACK R, CROSS SHUFFLE

- 9-10 Point left to to left side, cross step left in front of right
11-12 Point right to to right side, cross step right foot in front of left
13-14 Step back onto left foot, step right foot back
15&16 Cross left foot over right, step right to right side, cross left foot over right

COUNT SIDE, BEHIND, SHUFFLE TO R, CROSS, BACK 1/4 L, SHUFFLE TO L

- 17-18 Step right foot to right side, step left foot behind right
19&20 Step right foot to right side, step left foot next to right, step right foot to right side
21-22 Cross left over right, step back right turning a 1/4 left
23-24 Step left to left side, step right foot next to left, step left to left side

COUNT FWD R SHUFFLE, STEP, 1/2 PIVOT R, FWD L SHUFFLE, STEP, 1/4 PIVOT L

- 25&26 Step right forward, step left next to right, step forward right
27-28 Step left forward, pivot 1/2 turn right
29&30 Step left forward, step right next to left, step forward left
31-32 Step forward right, pivot 1/4 turn (weight ends on left)

COUNT CROSS ROCK, R SHUFFLE TO R WITH 1/4 TURN R, ROCK FWD L, RECOVER, L COASTER STEP

- 33-34 Cross rock right over left, recover on left
35&36 Step right foot to right side, step left foot next to right, step right foot to right side making 1/4 turn right
37-38 Rock forward onto left, recover on right
39-40 Step left back, step right beside left, step forward left

COUNT CROSS, HOLD, SIDE, HOLD, BEHIND-SIDE-CROSS, STEP, SLIDE

- 41-42 Cross right over left, Hold
43-44 Step left to left side, Hold
45&46 Step right behind left, step left to left side, cross right over left
47-48 Step left to left side, slide & touch right next to left (weight ends on left)

PART B

COUNT KICK BALL TOUCH x2, STEP-CROSS-BACK-CROSS, BACK R, BACK L

- 1&2 Kick right foot forward, step right in place, step touch left next to right
3&4 Kick left foot forward, step left in place, touch right next to left
&5&6 Step right back a small step, cross left over right, step back right, cross left over right
7-8 Step back onto right, step back onto left

COUNT SHUFFLE R TO R, SHUFFLE BACK L, R BEHIND, UNWIND 1/2 R, SHUFFLE FWD L

- 9&10 Step right foot to right side, step left foot next to right, step right foot to right side
11&12 Step left foot back, step right foot next to left, step left foot back
13-14 Step right behind left foot, unwind 1/2 turn right
15&16 Step left forward, step right next to left, step forward on left

COUNT KICK BALL TOUCH x2, STEP-CROSS-BACK-CROSS, BACK R, BACK L

- 17&18 Kick right foot forward, step right in place, step touch left next to right
19&20 Kick left foot forward, step left in place, touch right next to left
&21&22 Step right back a small step, cross left over right, step back right, cross left over right
23-24 Step back onto right, step back onto left

COUNT SHUFFLE R TO R, SHUFFLE BACK L, R BEHIND, UNWIND 1/2 R, SHUFFLE FWD L

- 25&26 Step right foot to right side, step left foot next to right, step right foot to right side
27&28 Step left foot back, step right foot next to left, step left foot back
29-30 Step right behind left foot, unwind 1/2 turn right
31-32 Step left forward, step right next to left, step forward on left

COUNT HIPS BUMPS

33-34 Step right next to left shoulder width apart, Hold

Note Counts 33-34 are danced three times, the first time on count 34 make sure your weight is on the left foot, second and thrid timeon the right foot

BEGIN AGAIN

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