

Heads & Tails

INTERMEDIATE

64 Count 4 Walls

Choreographed by: Gemma Marie Wheeler-Cherry

Choreographed to: Heads Carolina,

Tails California by Jo Dee Messina

KICK FORWARD, TOUCH TO SIDE, TOUCH BEHIND, TOUCH TO SIDE, RIGHT SAILOR, LEFT SAILOR

- 1 - 2 Kick right forward, touch to right side
3 - 4 Touch behind left, touch right side
5 & 6 Step right behind left, left to left side, right to meet
7 & 8 Left behind right, right to right side, left to meet

SHUFFLE TWICE, STEP PIVOT 1/2 TURN, LEFT COASTER

- 1 & 2 Step right forward, left to meet, right forward
3 & 4 Step left forward, right to meet, left forward
5 - 6 Step right forward, pivot 1/2 turn over left shoulder
7 & 8 Step left behind, right to meet and step left in front

CROSS STEPS X 2, UNWIND 1/2 TURN, KICK BALL CHANGE

- 1 - 2 Point right foot to right side, cross right foot over left putting weight onto it
3 - 4 Point left foot to left side, cross left foot over right putting weight onto it
5 & 6 Unwind 1/2 turn keeping weight on left
7 & 8 Kick right forward, place weight on right, left to meet

RIGHT GRAPEVINE, LEFT HEEL JACK, RIGHT TOE HOP

- 1 - 4 Step right to right side, left behind, right to right side, step down left putting weight on it
& 5 & 6 Step right back, jack left heel forward, step left down and bring right to meet
& 7 & 8 Step left back, tap right toe next to left foot, hop on left foot and step right foot down next to left

CHASSE LEFT, CROSS ROCK, 1 1/4 TURNS, SHUFFLE

- 1 & 2 Step left to left side, right to meet, left to left side
3 - 4 Rock onto right foot, stepping it in front of left and rock back onto left foot
5 - 6 1 1/4 turn to right, stepping right then left
7 & 8 Step right forward, left to meet and step right forward

ROCK FORWARD, RIGHT & LEFT KNEE POPS

- 1 - 2 Rock forward onto left foot and back onto right
3 - 4 Step back on left foot, popping right knee forward
5 - 6 Step right foot back, popping left knee forward
7 - 8 Step back left, pop right knee forward, step back right, pop left knee forward

SIDE ROCK, WALKS FORWARD, SIDE ROCK, STEP, PIVOT 1/2 TURN SCUFF

- 1 - 4 Rock left to left side and place weight back onto right, walk left, right, left
5 - 6 Rock right to right side and place weight back onto left, step right in front of left
7 - 8 Pivot 1/2 turn over left shoulder, scuff right foot

JAZZ BOX, HIP BUMPS

- 1 - 4 Cross right foot over left, step left back, step right to right side, step left to left side
5 - 8 Bump hips twice to right side, bump hips twice to left side