



Approved by:

*Maureen
Michelle*

Headphones

4 WALL - 32 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Kick Ball Point, Step, Touch, Pivot 1/2, Rock 1/4, Behind Side Cross		
1 & 2	Kick right forward. Step right beside left. Point left to left side.	Kick Ball Point	On the spot
& 3 - 4	Step left beside right. Touch right toe back. Pivot 1/2 right (weight on right).	& Touch Pivot	Turning right
5 - 6	Turn 1/4 right and rock left to left side. Recover onto right.	Turn Rock	
7 & 8	Step left behind right. Step right to right side. Step left over right.	Behind Side Cross	Right
Section 2	Side Rock, Sailor 1/4 Turn, Hitch 1/4 Turn Point, Sailor Step		
1 - 2	Rock right to right side. Recover onto left.	Side Rock	Right
3 & 4	Cross right behind left. Turn 1/4 right and step left to side. Step right to place.	Sailor Turn	Turning right
5 - 6	Hitch left knee. Make 1/4 turn left and point left to left side.	Hitch Turn Point	Turning left
7 & 8	Step left behind right. Step right to right side. Step left to place.	Sailor Step	On the spot
Section 3	Diagonal Rocking Chair, Touch Hitch Cross, Side Rock, Behind 1/4 Step		
1 &	Rock right across left. Recover onto left.	Right Rock	Forward
2 &	Rock right diagonally back right. Recover onto left.	Back Rock	Back
3 & 4	Touch right beside left. Hitch right. Step right across left.	Touch Hitch Cross	Left
5 - 6	Rock left to left side. Recover onto right.	Side Rock	
7 & 8	Step left behind right. Turn 1/4 right and step right forward. Step left forward.	Behind Turn Step	Turning right
Restart:-	('Headphones' track only): Walls 1, 4 and 8 Restart dance again.		
Section 4	Mambo, Back Rock Back, Step, Rock, 1/2 Turn, 1/4 Turn Point		
1 & 2	Rock right forward. Recover onto left. Step right back.	Right Mambo	Forward
3 & 4	Rock left behind right. Recover onto right. Rock back onto left.	Back Rock Back	Back
Note:-	Counts 3 & 4 are syncopated rocks, with left foot placed just behind right.		
5 - 6 &	Step right forward. Rock left forward. Recover onto right.	Step Left Rock	Forward
7 - 8	Turn 1/2 left and step left forward. Turn 1/4 left and point right to side.	Turn Turn	Turning left

Choreographed by: The Girls (Maureen & Michelle) (UK) September 2006

Choreographed to: 'Headphones' by LeAnn Rimes (110 bpm) from Whatever We Wanna Album (32 count intro)

Music Suggestion: 'Southern Nights' by Glen Campbell (111 bpm) from The Most Awesome Line Dancing Album 6 (16 count intro)

Restarts: There are 3 restarts with the Headphones track, at the same point during Walls 1, 4 and 8



A video clip of this dance is available to members at www.linedancermagazine.com