

Heading West

32 count, 4 wall, beginner/Intermediate level
Choreographer: DJ Dan & Wynette Miller (NL) May 06
Choreographed to: Clearly Canadian by George Fox,
CD's The Essentials & Greatest Hits 1987-1997
(BPM : 118)

Intro 16 counts.

Walk Right–Left, Heel–Ball–Step; Shuffle Forward, Step–1/4 Pivot

- 1-2 Step R forward. Step L forward.
3&4 Touch R heel forward. Step on R ball next to L. Step L forward.
5&6 Shuffle forward stepping R, L, R.
7-8 Step L forward, pivot 1/4 turn right [3]

Sailor Step Left–Right; Sailor 1/4 Turn, Step–1/4 Pivot

- 1&2 Cross L behind R. Step R to right side. Step L to left side.
3&4 Cross R behind L. Step L to left side. Step R to right side.
5&6 Cross L behind R 1/4 turn left. Step R to right side. Step L slightly forward. [12]
7-8 Step R forward. Pivot 1/4 turn left. [9]

Cross Rock, Chasse; Twice

- 1-2 Cross rock R over L. Recover weight onto L.
3&4 Step R to right side. Step L next to R. Step R to right side
5-6 Cross rock L over R. Recover weight onto R.
7&8 Step L to left side. Step R next to L. Step L to left side

Rock Step, Shuffle 1/2 Turn; Step–1/2 Pivot, Shuffle Forward

- 1-2 Rock R forward. Recover weight onto L.
3&4 Shuffle 1/2 turn right stepping R, L, R. [3]
5-6 Step L forward. Pivot 1/2 turn right. [9]
7&8 Shuffle forward stepping L, R, L.

Begin again and have fun.
