

Head Over Heels

BEGINNER

40 Count

Choreographed by: Deb Crew

Choreographed to: L-O-V-E by Rick Tippe

WALK FORWARD, COASTER STEP, WALK BACK, COASTER STEP**/Swing hips as you walk forward for steps 1-2 and as you walk back for steps 5-6**

- 1 - 2 Step forward on right foot, step forward on left foot
3 & 4 Step forward on right foot, quickly slide and step left foot beside right foot, step back on right foot
5 - 6 Step back on left foot, step back on right foot
7 & 8 Step back on left foot, quickly slide and step right foot beside left foot, step forward on left foot

SYNCOATED SIDE VINES, STEP OUT, STEP OUT, HOLD, STEP-POINT

- 1 & 2 Side step to the right on right heel (toes slightly raised), quickly cross and step left foot behind right foot, side step to the right on ball of right foot
3 & 4 Side step to the left on heel of left foot (toes are slightly raised), quickly cross and step right foot behind left foot, side step to the left on ball of left foot
5 - 6 Side step out to the right side on right foot (with attitude), side step out to the left side on left foot (with attitude)
7 & 8 Hold position, quickly step right foot home, extend and point left toe out to left side

VAUDEVILLE HOPS, HEEL SWITCHES (HAT DANCE), HOLD, BALL-STEP

- 1 & Cross and step left foot over right foot, quickly step back on 45 degree angle on right foot
2 & Extend and touch left heel forward on 45 degree left angle, quickly step left foot home
3 & Cross and step right foot over left foot, quickly step back on 45 degree left angle on left foot
4 & Extend and touch right heel forward on 45 degree right angle, quickly step right foot home
5 & 6 Touch left heel straight forward, quickly step left foot home, touch right heel straight forward
7 & 8 Hold position, quickly step ball of right foot home, small step forward on left foot

SHUFFLE FORWARD, ROCK-STEP, SHUFFLE BACK, ROCK STEP

- 1 & 2 Step forward on right foot, quickly slide and step left foot beside right foot, step forward on right foot
3 - 4 Rock step forward on left foot, step in place on right foot
5 & 6 Step back on left foot, quickly slide and step right foot beside left foot, step back on left foot
7 - 8 Rock step back on right foot, step in place on left foot

SIDE-STEP, HOLD, STEP TOGETHER, 1/4 TURN, HOLD, STEP BACK, HOLD, STEP TOGETHER, STEP BACK, HITCH

- 1 - 2 Side step to the right on right foot, hold position
& 3 - 4 Quickly slide and step left foot beside right foot, step 1/4 turn right on right foot, hold position
5 - 6 Step back onto left foot, hold position
& 7 - 8 Quickly slide and step right foot back beside left foot, step back on left foot, hitch right knee with a quick, sharp lift

REPEAT

/FINISHING TOUCH: This dance repeats itself from steps 1-40 nine times. After the ninth time through, only 4 beats of music are left until the music ends. Try walking forward right, left, right (for 3 counts) and then placing the left heel forward, extending both arms out to the sides at shoulder height, palms facing upward for count 4. This creates a grand finale effects Or have some fun slapping hands (high-fiving) the dancers on each side of you.