

He Ain't Heavy

32 count, 4 wall, intermediate level

Choreographer: Ami Walker (England) Aug 2007
Choreographed to: He Ain't Heavy, He's My Brother
by The Hollies, Album: Best of The Hollies

16 count intro from start of track

1-8 RIGHT SIDE, BACK ROCK, ¼ TURN, STEP ¾ PIVOT, RIGHT SIDE, BEHIND, ¼ TURN, STEP, STEP ½ PIVOT.

- 1,2& Right foot long step to right side, rock left foot behind right, recover onto right
3,4& Make ¼ left stepping left foot forward, step forward right, pivot ¾ turn to left
5,6& step right foot to right side, step left behind right, make ¼ rightstepping forward right
7,8& Step forward left foot, step forward right foot, pivot ½ turn left.

9-16 RIGHT STEP, TRIPLE TURN, TRIPLE TURN, ROCK FORWARD, RECOVER, LEFT LOCK BACK, ½ TURN

- 1 Step forward right,
2&3 Full turn forward stepping left, right, left
4&5 Full turn forward stepping right, left, right
6& Rock forward on left foot, recover onto right foot
7&8& Step back on left foot, lock right in front of left, step back on right, make ½ turn right stepping forward on right foot.

17-24 ROCK, RECOVER RONDE, BEHIND SIDE CROSS, SIDE, BACK ROCK, SIDE, BACK ROCK

- 1,2 Rock forward left foot, recover weight onto right foot as left sweeps around
3&4 Step left foot behind right, step right to right side, cross left over right
5,6& Right foot long step to right side, rock left foot behind right, recover onto right
7,8& Left foot long step to left side, rock right foot behind left, recover onto left

25-32 ¼ TURN, STEP ¾ PIVOT, SIDE, BACK ROCK, SWAY x 4

- 1,2& Make ¼ right stepping right foot forward, step forward left, pivot ¾ turn to right
3,4& Left foot long step to left side, rock right foot behind left, recover onto left
5,6 Step right foot to right side and sway right, sway left
7,8 Sway right, sway left.

TAG: On 6th wall, dance the sequence to count 13 then

SWAY x 3

- 6,7,8 Step left foot to left side and sway left, sway right, sway left

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