

16 count intro (40 count intro for Chubby Checker)

Start position: Man behind Lady, in line of dance, Lady crosses arms in front, Rhand Man on Lhand Lady en Lhand Man on Rhand Lady on Lady's hips.

### Man and Lady

#### Step, lock, step, hitch, sidestep, stomp, sidestep, stomp

1-4 Left diagonal left forward, lock Right behind Left, Left diagonal left forward, hitch Right knee  
5-8 Sidestep Right, Left stomp beside Right, Sidestep Left, Right stomp beside Left

#### Step, lock, step, hitch, sidestep, stomp, sidestep, stomp

9-12 Right diagonal right forward, lock Left behind Right, Right diagonal right forward, hitch Left knee  
13-16 Sidestep Left, Right stomp beside Left, sidestep Right, Left stomp beside Right

### Man

#### Walk, twist, hold and clap

17-20 Step forward Left, Right, Left, Right beside Left  
21-24 Twist heels right, toes right, heels right, hold and clap Lhand in Lhand Lady (hold hands)

### Lady

#### 1 ½ turn right, twist, hold and clap

17-20 Left forward and ½ right, Right back and ½ right, Left forward and ½ right, Right beside Left  
21-24 Twist heels right, toes right, heels right, hold and clap Lhand in Lhand Man (hold hands)  
Lady turns with Lhand under Rhand Man (raise hands after first ½ turn), partners are now facing each other, Man in line of dance, while twisting release hands. Hold Lhands after the clap.

### Toe strut, ¼ turn and toe strut, rocking chair

### Man

25-28 Left touch forward, heel down, ¼ left and touch Right beside Left, heel down  
29-32 Left rock forward, weight on Right, Left rock back, weight on Right

### Lady

25-28 Right touch forward, heel down, ¼ left and touch Left beside Right, heel down  
29-32 Right rock forward, weight on Left, Right rock back, weight on Left  
Partners are now facing each other, Man facing inside, Lady facing outside

### Man

#### Step, ½ turn right, step back, kicks, chasse, ¼ turn left, chasse

33-36 Left forward and ½ right, Right back, (both hands on hips) Left kick twice diagonal right  
Man now facing outside, keep both hands on hips until count 40  
37-40 Left side shuffle Left, Right, Left, ¼ left and right side shuffle Right, Left, Right  
Man now facing line of dance behind Lady, and take hold of hands Lady

### Lady

#### Shuffle turn ½ left, kicks, ½ turn left and chasse, ¼ turn left and shuffle forward

33-36 ¼ left and Right sidestep, Left beside Right, ¼ left and Right back,  
(both hands on hips) Left kick twice diagonal Left

Lady now facing inside, keep both hands on hips until count 40

37-40 ½ left and left side shuffle Left, Right, Left

Lady facing outside

¼ left and shuffle forward Right, Left, Right

Lady now facing line of dance and is back in start position, in front of Man, cross arms in front on hips

Have much fun dancing

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