



Hate 2 Love

Web site: www.linedancermagazine.com

Phrased, 4 wall, intermediate level
Choreographer: Ivy Chan Siew Lin (Singapore)
Sept 2004

E-mail: admin@linedancermagazine.com

Choreographed to: I Hate Myself For Loving You by
Joan Jett

48 count intro, start on vocals

Description: Part A-32 Count, Part B-32 Count, Tag-8 Count

Sequence: A,A,TAG,B,A, A,A,TAG,B,A, A-(17-32),TAG,B,B,A,A

PART A

1 - 8 FORWARD, TOUCH, SIDE SHUFFLE, FORWARD, FORWARD, BACK, BACK

- 1 - 2 Step right forward & diagonal to right, touch left foot beside right
- 3 & 4 Step left to left side, step right beside left, step left to left side
- 5 - 6 Step forward & diagonal to right, step forward & diagonal to left (feet apart)
- 7 - 8 Step right back, step left beside right (feet together)

9 - 16 1/2 PIVOT TURN, KICK BALL CHANGE, RIGHT MAMBO, LEFT MAMBO

- 1 - 2 Step forward on right, pivot 1/2 turn on left
- 3 & 4 Kick right foot forward, step slightly back on ball of right, step left foot in place
- 5 & 6 Rock right to right side, recover on left, step right beside left
- 7 & 8 Rock left to left side, recover on right, step left beside right

17 - 24 SKATE, SKATE, RIGHT SHUFFLE, SKATE, SKATE, LEFT SHUFFLE

- 1 - 2 Skate right foot out to right diagonal, Skate left foot out to left diagonal
- 3 & 4 Step forward right, step left beside right, step forward right
- 5 - 6 Skate left foot out to left diagonal, Skate right foot out to right diagonal
- 7 & 8 Step forward left, step right beside left, step forward left

25 - 32 CROSS ROCK, SIDE, CROSS ROCK, SIDE, 1/2 PIVOT TURN, 1/2 PIVOT TURN

- 1 & 2 Cross rock right over left, recover on left, step right to right side
- 3 & 4 Cross rock left over right, recover on right, step left to left side
- 5 - 6 Step forward on right, pivot 1/2 turn left
- 7 - 8 Step forward on right, pivot 1/2 turn left

TAG

1 - 8 SYNCOPATED - IN, IN, OUT, OUT,(X3) HIP BUMP

- &1 &2 Jump feet together right left slightly forward, jump feet apart right left slightly back
- &3 &4 Jump feet together right left slightly forward, jump feet apart right left slightly back
- &5 &6 Jump feet together right left slightly forward, jump feet apart right left slightly back
- 7 & 8 Bump hips left, right, left

PART B

1 - 8 STOMP, STOMP, KNEE POP, HOLD, HIP BUMP *(HAND ACTION)

- 1 - 2 Stomp forward & diagonal to right, stomp forward & diagonal to left (feet apart)
- 3 - 4 Pop right knee in, *(both hands across the body), hold
- 5-6-7-8 Bump hips to the left 4 time *(point to the front, both hands slowly from center to side)

9 - 16 HIP BUMP, 1/2 TURN HIP BUMP, KICK BALL CHANGE, KICK BALL CHANGE

- 1 & 2 Step right forward, bump right hip forward, back, forward
- 3 & 4 Make 1/2 turn to left, bump left hip forward, back, forward
- 5 & 6 Kick right foot forward, step slightly back on ball of right, step left foot in place
- 7 & 8 Kick right foot forward, step slightly back on ball of right, step left foot in place

17 - 24 FORWARD ROCK, COASTER STEP, 1/2 PIVOT TURN, FORWARD SHUFFLE

- 1 - 2 Rock forward on right, rock back on left
- 3 & 4 Step back on right, step left beside right, step right forward
- 5 - 6 Step forward on left, pivot 1/2 turn on right
- 7 & 8 Step forward on left, step right beside left, step forward on left

25 - 32 1/4 TURN STOMP RIGHT, HOLD, KNEE POP, HOLD, HIP BUMP *(HAND ACTION)

- & 1 - 2 Hook right behind & turn 1/4 turn to left, stomp right to right side, Hold *(arm straight to side)
 - 3 - 4 Pop right knee in, *(raise both hands up and place behind the head, head looking down), hold
 - 5-6-7-8 Bump hips to the left 4 time *(point to the front, lower both hands slowly)
-

ENDING
1 - 8 STOMP, STOMP, KNEE POP, HOLD, HIP BUMP *(HAND ACTION)
1 - 2 Stomp forward & diagonal to right, stomp forward & diagonal to left (feet apart)
3 - 4 Pop right knee in, *(raise both hands up and place them behind the head, head looking down),
hold
5-6-7-8 Bump hips to the left 4 time *(point to the front, lower both hands slowly)

TAG Tags occur at 1st - 12:00, 2nd - 3:00, 3rd - 6:00
A- occur at back wall, Start from count 17 - 32

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678