

Hard Work (aka Tufft Jobb)

94 count, 1 wall, intermediate level

Choreographer: Thomas Malmgren (Sweden)

Oct 2006

Choreographed to: Tufft Jobb by Nisse Hellberg,

Album: Snackbar Blues (154 bpm)

32 count intro

Mambo rock forward & back.

1 – 4 Rock Right forward, Recover back on Left, Step Right beside Left, Hold.

5 – 8 Rock back on Left, Recover forward on Right, Step Left beside Right, Hold.

½ Monterey turn, Chasse Right, Left cross rock back.

9 – 10 Touch Right to Right side, On ball of Left foot turn ½ Right stepping Right beside Left.

11 – 12 Touch Left to Left side, Step left beside Right.

13 & 14 Step Right to Right side, Step Left beside Right, Step Right to Right side.

15 – 16 Cross rock Left behind Right, Recover forward on Right.

Step, Hold, ¼ turn, Cross step, Hold, ¾ turn.

17 – 20 Step Left forward, Hold, Step Right forward, ¼ turn Left.

21 – 22 Cross Right over Left, Hold.

23 – 24 Turn ¼ Right step Left back, Turn ½ Right step Right forward

Shuffle forward Left & Right, Rock step, Touch, Pivot ½ Left.

25 & 26 Step Left forward, Step Right beside Left, Step Left forward.

27 & 28 Step Right forward, Step Left beside Right, Step Right forward.

29 – 32 Rock Left forward, Recover back on Right, Touch Left back, Pivot ½ turn Left.

¼ Left chasse Right, Rock back, Chasse Left, Rock back.

33 & 34 ¼ turn Left step Right to Right side, Step Left beside Right, Step Right to Right side.

35 – 36 Cross rock Left behind Right, Recover forward on Right.

37 & 38 Step Left to Left side, Step Right beside Left, Step Left to Left side.

39 – 40 Cross rock Right behind Left, Recover forward on Left.

Step, Hold, Step, Hold, Mambo rock.

41 – 44 Step Right forward, Hold, Step Left forward, Hold.

45 – 48 Rock Right forward, Recover back on Left, Step Right beside Left, Hold.

Heel twist ½ turn Left.

49 Step Back on Left.

50 – 54 Making ½ turn Left twist heels R, L, R, L, Centre (Weight ends on Left).

Repeat!

55 – 94 Repeat count 1 – 40.

Ending: Step, Hold, ¼ Left, Hold.

1 – 4 Step Right forward, Hold, Turn ¼ Left, Hold.

Restart and ending.

After the 2nd wall, dance the 32 first count twice.

Dance a further 1 wall (94 count) + the 40 first count, add 4 counts ending.
