

Hard Living

INTERMEDIATE

32 Count 4 Walls

Choreographed by: Justine Brown

Choreographed to: Life Keeps

Bringing Me Down by Alan Jackson

Section 1 Tap, Tap, Tap, Ball Change, Walk, Walk, Walk, Hitch Turn.

- 1 - 2 Tap Right Foot Forward, Tap Right Foot to Right Side.
3 & 4 Tap Right Foot Back, Step Back on Ball of Right Foot, Step Left Forward.
5 - 6 Walk Forward on Right, Walk Forward on Left.
7 - 8 Walk Forward on Right, Hitch Left whilst turning 1/2 Over Left shoulder.

Section 2 Back Rock, Recover, Left Shuffle, Cross, Point, Cross, Point.

- 1 - 2 Left Rock Back, Recover Forward onto Right.
3 & 4 Step Left Forward, Step Right beside Left, Step Left Forward.
5 - 6 Cross Right over Left, Point Left to Left Side.
7 - 8 Cross Left over Right, Point Right to Right Side.

Section 3 Jazz Box \hat{A} $\frac{1}{4}$ Turn, Hitch, Step, Hitch \hat{A} $\frac{1}{2}$ Turn, Step, Hitch \hat{A} $\frac{1}{2}$ Turn.

- 1 - 2 Cross Right over Left, $\frac{1}{4}$ Turn Right stepping Left Back.
3 - 4 Step Right Side, Hitch Left & Clap
5 - 6 Step Back on Left, Turn \hat{A} $\frac{1}{2}$ over Right while Hitching Right & Clap.
7 - 8 Step Right Forward, Turn \hat{A} $\frac{1}{2}$ over Right while Hitching Left & Clap.

Section 4 Step, Pivot \hat{A} $\frac{1}{4}$ Turn, Cross, Hold, \hat{A} $\frac{3}{4}$ Rolling Turn Left

- 1 - 2 Step Left Forward, Pivot \hat{A} $\frac{1}{4}$ Right.
3 - 4 Cross Left over Right, Hold
5 - 6 \hat{A} $\frac{1}{4}$ turn Left stepping Right foot back, \hat{A} $\frac{1}{2}$ Turn Left stepping Left foot Forward.
7 - 8 Step Right Forward, Step Left Forward.

The Restarts

- 3 Dance up to count 19 (Jazz box turn) Replace Hitch (Ct20) with a Step Forward then Restart - facing 3:00
3
8 Dance up to count 4 (tap, tap, tap, ball change) then Restart - facing 12:00
8
11 Dance up to count 4 (tap, tap, tap, ball change) then Restart - facing 9:00
11

Each restart falls after a short instrumental break... Trust me... 'You'll Feel it'

Just a note: Thanks to The Facebook Community for your Dance title ideas. And my special friends who bought this brilliant Album for me.