

All Cried Out

32 count, 4 wall, intermediate level

Choreographer: Kim Swan (UK) July 2006

Choreographed to: All Cried Out by Alison Moyet (74bpm) , The Essential Alison Moyet CD; Who Am I by Will Young, (70bpm) Keep On CD

Start dance on vocals for both tracks

SECTION 1 **Right Side, Together, Forward, Left Side, Together, Forward Side Rock, Recover, Back Rock, Recover, Cross, Unwind 3/4 Turn**

1 & 2 Step right to right side, Step left beside right, Step right forward
3 & 4 Step left to left side, Step right beside left, Step left forward
5 & 6 & Rock right to right side, Recover on left, Rock right back, Recover on left
7 – 8 Cross right over left, Unwind 3/4 turn left

SECTION 2 **Right Side Rock, Recover, Cross, Left Side Rock, Recover, Cross Cross, Back, 1/4 Turn Right, Shuffle**

& 2 Rock right to right. Recover on left, Cross right over left.
3 & 4 Rock left to left, Recover on right, Cross left over right.
5 & 6 Cross right over left, Step left back, Step right to right making 1/4 turn right
7 & 8 Shuffle forward, stepping left, right, left

Restart (1) During Wall 3, you will be facing original wall, add Tag and restart dance from beginning at this point.

SECTION 3 **Step, Pivot, Triple 1/2 Turn, Coaster, Skate Right, Skate Left**

1 – 2 Step right forward, Pivot 1/2 turn left
3 & 4 Triple 1/2 turn left, stepping right, left, right
5 & 6 Step back left, Step right beside left, Step forward left.
7 – 8 Skate right forward, Skate left forward

SECTION 4 **Right and Left Lock Steps, Rock, Recover, 1/4 Turn, Rock, Recover, Cross**

1 & 2 Step right forward, Lock left behind right, Step right forward
3 & 4 Step left forward, Lock right behind left, Step left forward

Restart (2) During Wall 6, you will be facing original wall again, restart dance from beginning at this point.

5 & 6 Rock right forward, Recover on left, Step right forward turning 1/4 right
7 & 8 Rock left to left, Recover on right, Cross left over right

TAG **Rocking Chair, Toe Points with Hip Bumps**

1&2& Rock forward on right, Rock back on left, Rock back on right, Rock forward on left
3 - 4 Point right toe to right side pushing hip out (weight remains on left), Repeat count 3
