

Hanging On

BEGINNER

60 Count

Choreographed by: Michael Vera-Lobos

Choreographed to: Hearts Are Gonna Roll by Hal Ketchum

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| 1 & 2 | Shuffle side right (right-left-right) |
| 3 & 4 | Shuffle side right crossing left over right (left-right-left) |
| 5 & 6 | Shuffle side right (right-left-right) |
| 7 - 8 | Cross left toe over right turning 1/4 turn right, slap left heel down |
| 9 - 12 | Kick right to side, cross right over left, unwind 1/2 turn left, stomp right foot in front of left |
| 13 - 16 | Bending upper body shimmy down for 2 beats raising upper body shimmy up for 2 beats |
| 17 & 18 | Turning body 1/4 turn left shuffle side right (right-left-right) |
| 19 & 20 | Shuffle side right crossing left over right (left-right-left) |
| & 21 | Turning 1/4 turn right syncopated jump right-left apart right 45 degrees in front of left |
| 22 | Slide left foot beside right |
| 23 - 24 | Step left to left side rocking left, then rock onto right |
| 25 - 27 | Step forward left, rock back on right |
| & 28 | Triple step left-right-left |
| 29 - 31 | Step back on right, rock forward left |
| & 32 | Triple step right-left-right |
| 33 - 34 | Step forward left, pivot 1/2 turn right |
| 35 & 36 | Shuffle forward left (left-right-left) |
| 37 - 40 | Step forward right pivot 1/2 turn left, step forward right pivot 1/2 turn |
| 41 & 42 | Shuffle forward right (right-left-right) |
| & 43 | Syncopated step left-right, right 45 degrees in front of left |
| 44 | Slide left to meet right |
| 45 - 48 | Turn full turn right (right-left-right), cross left over right |
| 49 - 52 | Step side right, cross left behind right, step side right, tap left beside right |
| 53 - 56 | Turn full turn left (left-right-left), cross right over left |
| 57 - 60 | Step left to left, cross right behind left, step left to left, tap right beside left |

REPEAT