

THEPage



Approved by:



Region Hangin' On A Lie

2 WALL – 32 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Cross Rock, Shuffle 1/4 Turn, 1/4 Turn Chasse, Cross Shuffle		
1 – 2	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
3 & 4	Step right to right side. Close left beside right. Turn 1/4 right stepping onto right.	Shuffle Quarter	Turning right
5 & 6	Turn 1/4 right stepping onto left. Close right beside left. Step left to left side.	Quarter Chasse	
7 & 8	Cross right over left. Step left to left side. Cross right over left. (6:00)	Cross Shuffle	Left
Section 2	Side Rock, Behind Side Cross, Modified Monterey 1/4, Heel Switches		
1 – 2	Rock left to left side. Recover onto right.	Side Rock	On the spot
3 & 4	Cross left behind right. Step right to right side. Cross left over right.	Behind Side Cross	Right
5 – 6	Point right to right side. Turn 1/4 right stepping right beside left.	Point Turn	Turning right
7 &	Touch left heel forward. Step left beside right.	Heel &	On the spot
8 &	Touch right heel forward. Step right beside left. (9:00)	Heel &	
Section 3	Forward Rock, Shuffle 1/2 Turn, Step, Pivot 1/2, Step, Pivot 1/4		
1 – 2	Rock forward on left. Recover onto right.	Rock Forward	On the spot
3 & 4	Shuffle step 1/2 turn left, stepping - left, right, left. (3:00)	Shuffle Half	Turning left
5 – 6	Step right forward. Pivot 1/2 turn left.	Step Pivot	
7 – 8	Step right forward. Pivot 1/4 turn left. (6:00)	Step Pivot	
Restart	Wall 5: Start the dance again (facing 6:00).		
Section 4	Cross Rock, Side, Cross Rock, Side, Cross Rocking Chair		
1 & 2	Cross rock right over left. Recover onto left. Step right to right side.	Cross Rock Side	On the spot
204		Cross Rock Side	
3 & 4	Cross rock left over right. Recover onto right. Step left to left side.	Closs Rock Side	
3 & 4 Restart	Cross rock left over right. Recover onto right. Step left to left side. Walls 3 and 7: Start the dance again (facing 6:00)	Closs Rock Side	
	S ,	Cross Rock	
Restart	Walls 3 and 7: Start the dance again (facing 6:00)		
Restart 5 – 6	Walls 3 and 7: Start the dance again (facing 6:00) Cross rock right over left on left diagonal. Recover onto left.	Cross Rock	

Choreographed by: Peter Jones & Anna Lockwood (UK) August 2013

Choreographed to: 'Hangin' On A Lie' by Striking Matches from EP Striking Matches; download available from amazon or iTunes (16 count intro)

Restarts: Three Restarts, during Walls 3, 5 and 7



