

## Hands Up!

48 count, 4 wall, beginner level

Choreographer: Setsuko Motoki (Japan) Nov 2004

Choreographed to: Hands Up by Ottawa, Album

D.I.S.C.O (124 bpm)

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Start On Vocals

### **STEP, TOUCH WITH RIGHT HAND UP, STEP, TOUCH WITH LEFT HAND UP, ROCK HOLDS**

- 1-2 Step right foot to right side, touch left foot to left side, and straighten up with right hand
- 3-4 Step left foot to left side, touch right foot to right side, and straighten up with left hand
- 5-6 "Sway" right while stepping on right, hold, while both hands up
- 7-8 "Sway" left while stepping on left, hold, while both hands up

### **STEP, TOGETHER, STEP, TOUCH, CLAP, X 2**

- 1-2 Step right foot to right side, step left foot next to right
- 3-4 Step right foot to right side, touch left foot beside right with clap
- 5-6 Step left foot to left side, step right foot next to left
- 7-8 Step left foot to left side, touch right foot beside left with clap

### **STEP, TOUCH WITH RIGHT HAND UP, STEP, TOUCH WITH LEFT HAND UP, ROCK HOLDS**

- 1-2 Step right foot to right side, touch left foot to left side, and straighten up with right hand
- 3-4 Step left foot to left side, touch right foot to right side, and straighten up with left hand
- 5-6 "Sway" right while stepping on right, hold, while both hands up
- 7-8 "Sway" left while stepping on left, hold, while both hands up

### **STEP, TOUCH, STEP, TOUCH, BACK TOUCH, BACK, TOUCH**

- 1-2 Step right foot diagonally forward, touch left foot beside right with snap
- 3-4 Step left foot diagonally forward, touch right foot beside left with snap
- 5-6 Step right foot diagonally backwards, touch left foot beside right with snap
- 7-8 Step left foot diagonally backward, touch right foot beside left with snap

### **STEP, 1/2 TURN LEFT, CROSS, TOUCH, X 2**

- 1-2 Step forward on right, hold
- 3-4 Pivot 1/2 turn left, hold (weight on left)
- 5-6 Step right foot across left, touch left foot to left side
- 7-8 Step left foot across right, touch right foot to right side

### **TURNING JAZZ BOX, CIRCLE HIPS RIGHT LEFT**

- 1-2 Step right foot across left, step back on left foot with 1/4 turn right
  - 3-4 Step right foot to left side, step left foot beside left
  - 5-6 Circle hips back to the right and place both hands on back pockets
  - 7-8 Circle hips back to the left and place both hands on back pockets
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