

Hands Are Better

INTERMEDIATE

40 Count 4 Walls

Choreographed by: Sarah Jones

Choreographed to: Hands Are Clever by Alex Clare

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- 1 Touch, kick, swing, 1/4 sailor right, hip bumps left & right**
1 - 2 Touch right next to left, kick right
3 & 4 Swing right leg around to right making 1/4 turn right, step right behind left, step left in place,
step right beside left
5 & 6 Step onto left bumping left, right, left
7 & 8 Step onto right bumping right, left, right
- 2 Side behind, 1/4 turn step 1/2 turn, full turn, 1/4 Monterey touch**
1 - 2 Left step left, right step behind left
& 3 - 4 Turn 1/4 left stepping onto left, step right forward, pivot 1/2 turn left
5 - 6 Step back on right making \hat{A} ½ turn left, step left forward making \hat{A} ½ turn left (Option step forward
right, left)
7 & 8 Touch right to right side, turn 1/4 right stepping onto right, touch left next to right
- 3 Cross point, cross point, left & right cross, back, side steps**
1 - 2 Cross step left over right, point right to right side
3 - 4 Cross step right over left, point left to left side
5 & 6 Cross step left over right, step right to right side, step left beside right
7 & 8 Cross step right over left, step left to left side, step right beside left
- 4 Rock recover, shuffle full turn, turn 1/4, turn 1/4, behind side step**
1 - 2 Rock back on left, recover onto right foot
3 & 4 Step back on left make \hat{A} ½ turn right, step forward on right making \hat{A} ½ turn right step forward on
left (Option left shuffle forward)
5 - 6 Step \hat{A} ¼ turn right on right foot, Step \hat{A} ¼ turn right stepping left to left side
7 & 8 Step right behind left, step left to left, step right over left
- 5 Point steps, sailor 1/2 turn, bumps, mambo step**
1 & 2 Point left foot forward, touch left next to right, point out to left
3 & 4 Swing left round behind right making 1/2 turn left, step right beside left, step left beside right
5 & 6 Step onto right bumping right, left right (weight on right)
7 & 8 Rock forward on left, recover weight on right, step left beside right

Ending. Wall 8 dance first 16 which takes you back to the front, cross left over right for finish

Alternative music Backstreet Boys - We've Got It Goin On'