

H.S. Friday

IMPROVER 32 Count 4 Walls Choreographed by: Sheila Still Choreographed to: Howdy by Groovegrass Boyz

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## Toe, Heel, Crossing Shuffle, X 2.

- 1 2 Touch Right Toe To Left Instep. Touch Right Heel To Left Instep.
- 3 & 4 Cross Right Over Left. Step Left To Left Side. Cross Right Over Left.
- 5 6 Touch Left Toe To Right Instep. Touch Left Heel To Right Instep
- 7 & 8 Cross Left Over Right. Step Right To Right Side. Cross Left Over Right

## Rock Step, Triple 1/2 Turn Right, Cross, Back, Chasse 1/4 Turn.

- 9 10 Rock Forward On Right. Rock Back Onto Left.
- 11 & 12 Triple Step 1/2 Turn Right, Stepping Right, Left, Right.
- 13 14 Cross Left Over Right. Step Back Right
- 15 & 16 Step Left To Left Side. Close Right Beside Left. Step Left 1/4 Turn Left.

## Step 1/2 Pivot, Right Shuffle, Left Rock, Left Sailor Step.

- 17 18 Step Forward Right. Pivot 1/2 Turn Left.
- 19 & 20 Step Forward Right. Close Left Beside Right. Step Forward Right
- 21 22 Rock Left To Left Side. Rock Weight Onto Right In Place.
- 23 & 24 Cross Left Behind Right. Step Right To Right Side. Step Left To Place.

## Cross Hold, Unwind 1/2 Left, Cross Hold, Unwind 1/2 Right.

- 25 26 Cross Right Over Left. Hold.
- 27 & 28 Unwind 1/2 Turn Left. Clap Hands Twice.
- 29 30 Cross Left Over Right. Hold.
- 31 & 32 Unwind 1/2 Turn Right. Clap Hands Twice.

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