

## All About You

32 count, 4 wall, beginner/intermediate level

Choreographer: Niels B. Poulsen (Denmark)

April 2005

Choreographed to: All About You by McFly (130 bpm)

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Start dance 32 counts after first vocals (33 secs into track)

**1 - 8 R rocking chair, step ¼ L, cross shuffle**

1 - 2 Rock fw on R, recover back on L

3 - 4 rock back on R, recover fw on L

5 - 6 step fw on R, turn ¼ L (weight on L)

7 & 8 cross R over L, step L to L side, cross R over L

9 - 16 Turn ¼ R, turn ¼ R, cross shuffle, side rock R, behind side cross in front

1 - 2 turn ¼ R stepping back on L, turn ¼ R stepping R to R side

3 & 4 cross L over R, step R to R side, cross L over R

5 - 6 rock R to R side, recover weight back on L

7 & 8 cross R behind L, step L to L side, cross R over L

**17-24 Side step, touch, back step, touch, step fw, hold, & ball step, scuff R fw**

1 - 2 Step L to L side, touch R next to L

3 - 4 step back on R, touch L next to R

5 - 6 step fw on L, hold

&7 - 8 quickly bring R next to L, step L fw, scuff R fw

**25-32 Cross, step L back, ½ R shuffle turn, L shuffle fw, R kick ball change**

1 - 2 Cross R over L, step back on L

3 & 4 turn ¼ R stepping R to R side, bring L next to R, turn ¼ R stepping R fw

5 & 6 step fw on L, bring R up to L, step fw on L

7 & 8 kick R fw, step back on R, recover weight to L

### RESTART

When starting your 8th wall (facing 3 o'clock) the beat comes to a standstill on your 5th count. Complete the ¼ turn L (count 6). Wait for the beat to return again and then restart the dance exactly after the word 'ABOUT' when they sing "It's all ABOUT you..." the first time.

### FINISH

For a great finish: After the restart you complete 2 walls of the dance finishing towards your 6 o'clock wall. When the music slows down during your last counts you still complete the kick ball change. Then you cross R over L and do a slow ½ unwind over your L shoulder.

REMEMBER TO SING ALONG TO THE MUSIC...

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