

Groovy

48 count, 4 wall, Beginner/Intermediate level

Choreographer : Ray Denham (UK)

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Choreographed to : County Down by The
Gathering

HEEL GRIND 1/4 TURN/COASTER STEP.SHUFFLE, SHUFFLE TURN LEFT.

- 1-2 Step forward on right heel ,turn 1/4 right stepping back onto left foot
3&4 Step back on right foot (3) step left next to right (&) step forward on right (4)
5&6 Step forward left on left foot, close right to left, step forward on left.
7&8 Make 1/2 turn left shuffling right/left/right.

1/4 TURN LEFT/SHUFFLE LEFT/SHUFFLE RIGHT/1/2 TURN RIGHT.

- 1-2 Rock back on left whilst turning ¼ left. step forward on right
3&4 Step forward on left foot, close right to left, step forward on left
5&6 Step forward on right foot, close left to right, forward on right.
7-8 Cross left foot over right, unwind 1/2 turn right keeping weight on left foot

HEEL BALL CROSS X 2/ ROCK RIGHT LEFT, SAILOR STEP.

- 1&2 Touch right heel forward (1) bring right foot back (&) cross left over right (2)
3&4 Repeat steps 1 & 2
5-6 Step side right onto right foot, rock weight back onto left foot
7&8 Step right foot behind left (7) step to side on left foot (&) step side right (8)

KICK BALL CHANGE X 2 MOVING FORWARD/ ROCK STEP/SHUFFLE TURN LEFT.

- 1&2 Kick left foot fwd (1) bring left next to right (&) lift and replace R next to left (2)
3&4 Repeat steps 1&2
(Note:- The above 4 steps are made moving slightly forward)
5-6 Rock forward onto left foot, step back on right foot
7&8 Shuffle 1/2 turn left, turning L.R.L.

REPEAT LAST 8 STEPS STARTING WITH RIGHT FOOT.

- 1-8 Repeat last 8 steps but start with right kick ball change

ROCK STEP/COASTER STEP/TURNING JAZZ BOX.

- 1-2 Rock forward on left foot, rock back onto right
3&4 Step back on left (3) place right next to left (&) step forward on left(4)
5-6 Cross right foot over left, step straight back onto left
7-8 Step side right turning 1/4 right, step left foot next to right.