

#### **HEEL SWITCHES TRAVELING BACK, STOMP, TURN, STOMP, TURN**

- 1 & Touch right heel in front, step back on right
- 2 & Touch left heel in front, step back on left
- 3 & Touch right heel in front, step back on right
- 4 & Touch left heel in front, step back on left
- 5 Stomp right forward
- 6 Pivoting on left - make a 1/4 turn left shifting weight on left
- 7 Stomp right forward
- 8 Pivoting on left - make a 1/4 turn left shifting weight on left

#### **FORWARD SHUFFLE, MAMBO FORWARD, BACKWARD SHUFFLE, 1/2 TURNING SHUFFLE**

- 1 & 2 Step right forward, step left next to right, step right forward
- 3 & 4 Step forward on left, rock back on right, step back on left
- 5 & 6 Step back on right, step left next to right, step back on right
- 7 & 8 Step back on left (start making a 1/2 turn left), step right next to left, step forward left (completing 1/2 turn left)

#### **FORWARD SHUFFLE, MAMBO FORWARD, BACKWARD SHUFFLE, COASTER STEP**

- 1 & 2 Step right forward, step left next to right, step right forward
- 3 & 4 Step forward on left, rock back on right, step back on left
- 5 & 6 Step back on right, step left next to right, step back on right
- 7 & 8 Step back on left, step right next to left, step forward on left

#### **STEP SIDE, ROCK SIDE, TOGETHER, STEP SIDE, ROCK SIDE, TOGETHER, TOUCH SIDE, CROSS OVER, 1/2 TURN LEFT**

- 1 Step side to right on right
- 2 & Rock side to left, step right next to left
- 3 Step side to left on left
- 4 & Rock side to right, step left next to right
- 5 Touch right toes to right side
- 6 Cross right over left
- 7 - 8 Uncross making a 1/2 turn left (in two counts)

#### **STEP FORWARD SWINGING THE HIPS, STEP FORWARD SWINGING THE HIPS, STEP FORWARD, STEP FORWARD, ROCK BACK, COASTER STEP**

- 1 & 2 Step forward on right swinging the hips forward, back, forward
- 3 & 4 Step forward on left swinging the hips forward, back, forward
- 5 Step forward on right
- 6 & Step forward on left, rock back on right
- 7 & 8 Step back on left, step right next to left, step forward on left

#### **REPEAT**