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## All About The Bass

**IMPROVER** 

32 Count 4 Walls

Choreographed by: Mathew Sinyard
Choreographed to: All About That Bass by Meghan Trainor

Step Lock, Step Lock Step (x2) Section 1 Step right foot forward, lock left foot behind. 1 - 2 Step right foot forward, lock left foot behind, step forward on right foot. 3 & 4 Step forward on left foot, lock right foot behind. 5 - 6 7 & 8 Step forward on left foot, lock right foot behind, step forward on left. Side, Slide, Hip Bumps (x2) Section 2 1 - 2 Step right foot to right side, slide left foot beside right (keeping weight on right foot). 3 - 4 Bump hips left and right. Step left foot to left side, slide right foot beside left (keeping weight on left). 5 - 6 7 - 8 Bump hips right and left. Section 3 Back Touch (x2), Grapevine, Brush 1/2 turn. 1 - 2 Step back on right foot, touch left foot forward. 3 - 4 Step back on left foot, touch right foot forward. 5 - 8 Step right foot to right side, cross left foot behind right, step right foot to right side, brush left forward into a 1/2 turn right (keeping weight on right foot). Section 4 Left Chasse, Back Rock, Side, Slide, Hip/Body Roll 1/4 turn left. 1 & 2 Step left to left side, close right beside left, step left to left side. 3 - 4 Rock back on right foot, recover on to left foot. 5 - 6 Step right foot to right side, slide left foot beside right foot. 7 - 8 Body roll or rotate hips twice over 2 counts whilst making a 1/4 turn to the left (weight ending on left foot ready to start again).

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No Tags Or Restarts! Have Fun & Enjoy!