

## Great Shakes

32 Count, 4 Wall, Improver

Choreographer: Gaye Teather (UK) Nov 2012

Choreographed to: Girls Like To Shake It by Love And Theft  
(129 bpm), CD: Love And Theft (iTunes & Amazon)

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32 count intro

**Side Right. Hold (with shimmy). Kick x 2. Side Left. Hold (with shimmy). Kick x 2**

- 1 – 2 **Long** step on Right to Right side. Hold (shimmy shoulders during these 2 counts)
- 3 – 4 Kick Left across Right twice (low kick)
- 5 – 6 **Long** step on Left to Left side. Hold (Shimmy shoulders during these 2 counts)
- 7 – 8 Kick Right across Left twice (low kick)

**Back rock. Full turn Left (travelling forward). Step. Pivot quarter turn Left. Cross shuffle**

- 1 – 2 Rock back on Right. Recover onto Left
- 3 – 4 Half turn Left stepping back on Right. Half turn Left stepping forward on Left
- Easier option for steps 3-4: Walk forward Right. Left**
- 5 – 6 Step forward on Right. Pivot quarter turn Left (Facing 9 o'clock)
- 7&8 Cross Right over Left. Step Left to Left side. Cross Right over Left

**Left kick-ball-cross x 2. Left side rock. Coaster step**

- 1&2 Kick Left forward. Step left beside Right. Cross Right over Left
- 3&4 Kick Left forward. Step Left beside Right. Cross Right over Left
- 5 – 6 Rock Left to Left side. Recover onto Right
- 7&8 Step back on Left. Step Right beside Left. Step forward on Left

**Step. Point. Hip bumps x 4. Back. Touch**

- 1 – 2 Step forward on Right. Point Left toe forward to Left diagonal
- &3&4 Keeping weight on Right bump hips forward, back, forward, back
- &5&6 Keeping weight on Right bump hips forward, back, forward, back
- Styling option: Dip and rise as you do the hip shakes on the above 4 counts**
- 7 – 8 Step back on Left. Touch Right beside Left

**Ending:** Dance ends facing front. Just slow down the hip shakes on the final 4 counts – make it sexy!!