

Greasy Girls

32 count, 4 wall, intermediate level

Choreographer: Di Fellingham (England) July 2007
Choreographed to: Grease by Girls Aloud, CD: Jump
(120 bpm)

32 count intro- Start dance proper just after Girls Aloud whisper "Grease is the Word"

Suggested Intro moves (or do your own thing)

Standing on spot

1-4 Lift right heel up and down four times

5-8 Lift left heel up and down four times

9-16 repeat steps 1-8

Hands on Thighs

17-18 Knees apart; Move knees together

19-32 Repeat counts 17-18

Walk Forward Right Left Right Kick; Walk Back Left Right Left Touch;

1-4 Walk forward right, left, right, kick left forward;

5-8 Walk Back left, right, left, Touch right beside left.

Rolling Vines Right and Left

9-12 ¼ Turn right stepping forward on right, half turn right stepping back on left,

¼ turn right stepping right to right side, touch left beside right;

13-16 ¼ Turn left stepping forward on left, half turn left stepping back on right,

¼ turn left stepping left to left side, touch right beside left. (12 o'clock)

(Optional arm movements on the rolling vines: clenched fists and roll arms around each other start with right over left, then (when touching on the last step of the vine) Hold right arm out with elbow bent and right fist upwards and place left fist under right elbow. On the left vine end with left arm out with elbow bent and left fist upwards and place right fist under left elbow)

Right and Left Lock Steps with Brush to Right and Left Diagonal

17-20 Step right forward to right diagonal, lock left behind right, step right forward to right diagonal, brush left to left diagonal;

21-24 Step left forward to left diagonal, lock right behind left, step left forward to left diagonal, brush right forward (12 o'clock)

Cross Rock Right Forward, Recover, Shuffle Half Turn Right. Cross Rock Left Forward, Recover, Shuffle Half Turn Left

25-26 Cross rock right over left, recover back on left;

27&28 Step right ¼ turn right, step on left beside right, step right ¼ turn right; (6 o'clock)

29-30 Cross rock left over right, recover back on right;

31&32 Step left ¼ turn left, step on right beside left, step left ¼ turn left; (12 o'clock)

Tag One

Dance each time you start the dance on the Home wall (End facing 3 o'clock)

Right Jazz Box ¼ turn Right. Right Jazz Box in place.

1-4 Cross Right over left, step left back (starting ¼ turn right), ¼ turn right stepping right to right side, step left beside right; (3 o'clock);

5-8 Cross Right over left, step left back, step right to right side, step left beside right; (3 o'clock).

Tag Two

Always done on the chorus "Grease is the Word is the Word is the Word..." At the End of wall Two (3 o'clock); End of Wall Three (Six o'clock); End of Wall Four (9 o'clock)

Right Toe Strut, Cross Left Toe Strut, Right Toe Strut, Cross Left behind Toe Strut

1-4 (Travelling forward angling body to left diagonal) Step forward on right toe, drop right heel to floor, cross step left toe over right, drop left heel to floor;

5-8 Step forward on right toe, drop right heel to floor, Touch left toe beside right, drop left heel to floor (no weight).

Step slide backwards x 2. Step Right Forward, pivot ¼ left. Step Right Forward, Pivot ½ Right

9-12 (Body still angled to left diagonal) Step left back, slide right foot beside left, Step left back, slide right foot beside left (squaring to 1 o'clock wall);

13-14 Step right forward, pivot ¼ turn left (9 o'clock).

15-16 Step right forward, pivot ½ turn left (3 o'clock).

Step right forward brush left forwards backwards forwards. Step right forward brush left forwards backwards forwards

- 17-20 Brush right foot forward, brush right back across left, brush right forwards, step forward on right;
21-24 Brush left foot forwards, brush left back across right, brush left forwards, step left forward (3 o'clock).

Right Jazz Box ¼ turn Right. Right Jazz Box in place.

- 25-28 Cross Right over left, step left back (starting ¼ turn right), ¼ turn right stepping right to right side, step left beside right; (6 o'clock);
29-32 Cross Right over left, step left back, step right to right side, step left beside right; (6 o'clock).

Tag 3

Done on the first visit to the 9 o'clock wall

After turning to face this wall, music slows so just do the first 24 steps slowly and then hand Jive!

Step Slide left and right x 2. Step slide left and bounce heels

- 1-4 Step left long step to left, slide right to touch beside left (over three beats);
5-8 Step right long step to right, slide left to touch beside right (over three beats);
9-16 repeat steps 1-8;
17-20 Repeat steps 1-4;
21-24 Bounce heels four times.

Hand Jive

With feet together, open heels out and close in time to the music whilst doing the hand jive.

- 25&26 Slap hands on thighs twice, clap hand;
&27&28& Clap hands, (with palms facing down,) cross right hand over left twice, cross left hand over right twice;
29&30&31&32& Repeat Hand Jive moves;
33&34&35&36& Repeat Hand Jive Movements.

Tag Four

Danced when returning to the home wall for the first time (after the third chorus)

You will have just ended Tag Two. Finish with a left touch at the end of the second Jazz Box

Left Monteray

- 1-4 Point left toe left, (click fingers over left hip), Step left beside Right, Point right toe to right, (click fingers over right hip), Step right beside left. (12 o'clock)

¼ Turn Right Left Monteray x 3

- 5-8 (weight on right foot) ¼ turn right pointing left to left side (click fingers over left hip), Step left beside Right, Point right toe to right, (click fingers over right hip), Step right beside left.
9-16 Repeat steps 1-8 (9 o'clock)

¼ Turn Right Point Left, Step left beside Right

- 17-18 (weight on right) ¼ turn right pointing left to left to left side, step on left beside right

Posey Ending

After completing the dance on the home wall you will face 3 o'clock after Tag One. End the Jazz box with a left touch, step back on left turning body to home wall and drop right hip to finish.

Enjoy and Smile

Music download available from iTunes