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Grandma's Feather Bed

64 count + 20 count bridge, 4 wall, intermediate level

Choreographer: Lois Sturgeon (Aus) 1999 Choreographed to: Grandma's Feather Bed by John Denver, John Denver's Greatest Hits Vol 2

2x Diag Heel Tap-Diag Hitch with Slap. Cross Step. Step Back. Jump Right. Hold.

- 1 2 Tap right heel diagonal right. Hitch right knee diagonal right slapping right knee with right hand
- 3 4 Tap right heel diagonal right. Hitch right knee diagonal right slapping right knee with right hand
- 5 8 Step right foot across left. Step backward onto left foot. Jump both feet to right. Hold.

2x Fwd Side Steps. 2x Fwd Centre Steps. 2x Side Steps with Expression. Charleston Knees

- 9 10 (moving forward) Step left foot to left side. Step right foot to right side
- 11 12 (moving forward) Step left foot to centre. Step right foot to centre
- 13 Step left foot to left side with left hand on left knee.
- 14 Step right foot to right side with right hand on right knee
- 15 Knees together (legs bent) with left hand to right knee & right hand to left knee
- 16 Knees apart (legs bent) with left hand to left knee & right hand to right knee

2x Jump Fwd-Bwd-Diag Heel Touch-Hitch & Jump

- 17 18 Jump forward on both feet bringing feet together. Jump backward onto both feet.
- 19 20 Jump forward on both feet tapping left heel diagonal left. Hitch left knee whilst jumping back onto right foot.
- 21 22 Jump forward on both feet bringing feet together, jump back on both feet
- 23 24 Jump forward on both feet tapping right heel diagonal left. Hitch right knee whilst jumping back onto left foot.

Toe Cross. Side Step. Heel Cross. Side Step. Cross Step. Hold. Side Kick-Hold with Expression

- 25 26 (moving left) Cross step right TOE over of left foot. Step left foot to left side.
- 27 28 (moving left) Cross step right HEEL over left foot. Step left foot to left side
- 29 30 (moving left) Cross step right FOOT over left. Hold.
- 31 32 Swing kick left foot to left side & clap. Hold & Clap.

Crossing 'Push Ups'. 2x Side Steps. Fwd Step. Hold.

- 33 Step left across right bending both knees & pushing hands down in front
- 34 Straighten knees pulling hands up (elbows bent out to sides)
- 35 36 Bend both knees (pushing hands down in front). Straighten knees (pulling hands up elbows out sides)
- 37 40 Step right to right side. Step left to left side. Step right forward. Hold.

Half Heel Switch. Hold. 2x Fwd Scoot. 2x Heel/Toe Struts with 1/4 Left

- 41 42 Jump back onto left foot & tap right heel fwd. Hold
- 43 44 (hitching right knee) Scoot fwd on left foot. Repeat.
- 45 46 Step forward onto right heel. Step right toe to floor & turn 1/4 left.
- 47 48 Step forward onto left heel. Step left toe to floor.

'non syncopated' Heel Switches. Hold.

- 49 50 Jump in place with feet together. Jump right in place with left heel diagonallt fwd left
- 51 52 Jump in place with feet together. Jump left in place with right heel diagonally fwd right
- 53 54 Jump in place with feet together. Jump right in place with left heel diagonally fwd left
- 55 56 Jump in place with feet together. Hold.

2x Diagonal Fwd Stomp-Hold-Clap-Clap.

- 57 60 Stomp right diagonally fwd right. Hold, Clap twice.
- 61 64 Stomp right diagonally fwd left. Hold. Clap twice.

BRIDGE: After the 4th wall only, there is a 20 count bridge which fits in with the instrumental break.

Side Kick-Hold with Expression

- 1 2 (moving left) Cross step right TOE over of left foot. Step left foot to left side.
- 3 4 (moving left) Cross step right HEEL over left foot. Step left foot to left side
- 5 6 (moving left) Cross step right FOOT over left. Hold.
- 7 8 Swing kick left foot to left side & clap. Hold & Clap.

Side Kick-Hold with Expression

- 9 10 (moving right) Cross step left TOE over of right foot. Step right foot to right side.
- 11 12 (moving right) Cross step left HEEL over right foot. Step right foot to right side
- 13 14 (moving right) Cross step left FOOT over right. Hold.
- 15 16 Swing kick right foot to right side & clap. Hold & Clap.

Crossing 'Push Ups'. 2x Side Steps. Fwd Step. Hold.

- 17 Step right across left bending both knees & pushing hands down in front
- Straighten knees pulling hands up (elbows bent out to sides)
- 19 20 Bend both knees (pushing hands down in front). Straighten knees (pulling hands up elbows out sides)

DANCE FINISH: On 7th wall (facing 6 o'clock) replace count 32 with the following -

32 Swing left leg behind right whilst turning 1/2 left & step to left side. (Hold position touching hat brim with right hand)

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