

Grab Hold

48 Count, 4 Wall, Improver

Choreographer: Rob McKean (Can) April 2013

Choreographed to: Take Hold Of My Hand by Dwight Yoakam

Start dancing on lyrics

1 STEP FORWARD, TOUCH, COASTER, REPEAT

1-2 Step right forward, touch left back

3&4 Left coaster step

5-6 Step right forward, touch left back

7&8 Left coaster step

2 ROLLING VINE RIGHT, ROLLING VINE LEFT

1-4 Vine right turning a full turn right, touch left together

5-8 Vine left turning a full turn left, touch right together

3 HEEL BALL CROSS TWICE, SIDE ROCK RECOVER, ½ TURNING SHUFFLE

1&2 Touch right heel forward, step right together, cross left over

3&4 Touch right heel forward, step right together, cross left over

5-6 Rock right side, recover to left

7&8 Turn ½ right and chassé side right-left-right

4 HEEL BALL CROSS TWICE, SIDE ROCK RECOVER, ½ TURNING SHUFFLE

1&2 Touch left heel forward, step left together, cross right over

3&4 Touch left heel forward, step left together, cross right over

5-6 Rock left side, recover to right

7&8 Turn ½ left and chassé side left-right-left

5 ¼ TURN SHUFFLE, ROCK RECOVER, COASTER, ½ TURN

1&2 Turn ¼ left and chassé side right-left-right

3-4 Rock left forward, recover to right

5&6 Left coaster step

7-8 Step right forward, turn ½ left (weight to left)

6 DOROTHY STEPS, STEP, HOLD, TOGETHER, WALK, WALK

1-2& Step right diagonally forward, lock left behind, step right forward

3-4& Step left diagonally forward, lock right behind, step left forward

5-6 Step right forward, hold

&7-8 Step left together, step right forward, step left forward