

Grab Ass

BEGINNER

40 Count

Choreographed by: Unknown

Choreographed to: Dance by Twister Alley

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- 1 - 2 Right hand, palm down, out to side at shoulder level, twice
3 - 4 Left hand, palm down, out to side at shoulder level, twice
5 - 8 Forward right foot 1/2 turn left, in place left, forward right foot 1/2 turn left, in place left
9 - 10 Right thumb hitch over right shoulder left, twice
11 - 12 Left thumb hitch over left shoulder, twice
13 - 14 Two fists as in a rope pull, 2 pulls towards body
15 - 16 Two fists as in a rope pull, 2 pulls towards body
17 Right inside wrist touch left hip across body
18 Left inside wrist touch right hip across body
19 Right inside wrist touch left
20 Left inside wrist touch right knee

/Deep crouch position with straight back

- 21 Right touch floor in front between knees
22 Left touch floor behind
23 Right touch floor in front between knees
24 Stand up and clap

/On above you can do a 3 beat twist & clap instead**/Slight bend over on following 8 beats**

- 25 - 28 Right at hip fast roll of both hands (2 beats) at hip level, stand up and roll 2 beats shoulder height
29 - 32 Left at hip fast roll of both hands (2 beats) at hip level, stand up and roll 2 beats shoulder height
33 Slap right hip with right palm
34 Slap left hip with left palm
35 Grab right buttock with right hand
36 Grab left buttock with left hand

/Keep hands in place on buttocks for jump steps

- 37 Jump forward
38 Jump back
39 Jump forward turn 1/4 left
40 Clap

REPEAT