

## Gorel

96 count, 2 wall, intermediate level

Choreographer: Ian Nixon and Lynn Stokoe (UK)

June 2004

Choreographed to: Gorel by Baaba Maal, from Firin' in Fouta; Angelina by Lou Baga from Line Dance Fever 15; Not In Love by Enrique Iglesias from Seven

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Start on Vocals

Sequence: A, A, B, A, A, B then A until the end

### PART A

#### Shuffle 1/2 Turn Right, Shuffle 1/2 Turn Right, Right Shuffle Back, Left Coaster Step

- 1 & 2 Shuffle half turn right stepping right, left, right (travelling backwards)  
3 & 4 Shuffle half turn right stepping left right, left (travelling backwards)  
5 & 6 Step back right, close left beside right, step back right  
7 & 8 Step back left, step back right, step forward left

#### Shuffle 1/2 Turn Left, Shuffle 1/2 Turn Left. Right Shuffle Forward, Left Forward Mambo

- 9 & 10 Shuffle half turn left stepping right, left, right (travelling forwards)  
11 & 12 Shuffle half turn left stepping left, right left (travelling forwards)  
13 & 14 Step forward right, close left beside right, step forward right  
15 & 16 Rock forward onto left, recover on to right, step left beside right

#### Side Rock, Behind, Side, Cross x 2

- 17 - 18 Rock right to right side, recover on to left  
19 & 20 Step right behind left, step left to left side, cross right over left  
21 - 22 Rock left to left side, recover on to right  
23 & 24 Step left behind right, step right to right side, cross left over right

#### Hitch, Stomp, Hitch, Stomp, Stomp x 4

- 25 - 26 Hitch right, stomp right to right side  
27 - 28 Hitch left, stomp left to left side  
29 - 30 Stomp right to right side, stomp right in same position  
31 - 32 Stomp left to left side, stomp left in same position

#### Sailor Steps x 4 (travelling back, slightly)

- 33 & 34 Cross right behind left, step left to left side, step right to place  
35 & 36 Cross left behind right, step right to right side, step left to place  
37 & 38 Cross right behind left, step left to left side, step right to place  
39 & 40 Cross left behind right, step right to right side, step left to place

#### Syncopated Grapevine & Unwind 1/4 Turn x 2

- 41 - 42 Step right to right side, step left behind right  
& 43 - 44 Step right to right side, step left across right, unwind 1/4 turn right  
45 - 46 Step right to right side, step left behind right  
& 47 - 48 Step right to right side, step left across right, unwind 1/4 turn right

#### Syncopated Grapevine with 1/4 Turn x 2

- 49 - 50 Step right to right side, step left behind right  
51 & 52 Step right to right side, step left across right, unwind % turn right  
53 - 54 Step right to right side, step left behind right  
55 & 56 Step right to right side, step left across right, unwind 1/4 turn right

#### Sailor Steps x 4 (travelling back slightly)

- 57 - 58 Cross right behind left, step left to left side, step right to place  
59 & 60 Cross left behind right, step right to right side, step left to place  
61 - 62 Cross right behind left, step left to left side, step right to place  
63 & 64 Cross left behind right, step right to right side, step left to place
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## PART B

### Heel Switches, Triple 1/2 Turn Right

- 1 & 2 Touch right heel forward, step on to right foot, touch left heel forward  
& 3 & 4 Step onto left foot, touch right heel forward, hitch right foot, touch right heel forward  
& 5 & 6 Step on to right foot, touch left heel forward, step on to left foot, cross right over left  
7 & 8 Triple 1/2 turn right stepping left, right, left

### Pivot Turn, Walk Left, Walk Right, Full Turn, Half Turn

- 9 - 10 Step right forward, half turn left  
11 - 12 Step forward right, step forward left  
13 - 14 Full turn stepping back on to right foot, stepping forward onto left foot  
15 - 16 Half turn left stepping back on to right foot, step forward on to left foot

### Hitch Stomp x 4 With Arm Movements

- 17 - 18 Hitch right while extending right arm horizontally forward, fist clenched, stomp right foot to right  
19 - 20 Hitch left while bringing left arm across chest, left hand claps right bicep, stomp right foot in same place  
21 - 22 Hitch right while bringing right arm across chest, right hand clasps left bicep, stomp left foot to left  
23 - 24 Hitch left while bringing both hands down to thighs, stomp left foot in same place

### Shimmy

- 25 - 28 Shake shoulders right and left while bending forward from the waist  
29 - 32 Shake shoulders right and left while straightening up

Choreographers' note: Gore] is a two wall dance but the walls only change during Part B. The first AAB will be danced to the home or 12 o'clock wall, the second AAB will be danced to the 6 o'clock wall and the A sequence to the end of the dance will be danced to the home or 12 o'clock wall - AAB 12 o'clock, AAB 6 o'clock, A 12 o'clock to end

If using alternative tracks do not do the arm movements in steps 17-24 of Part B