

## Goodnight Fred

32 count, 4 wall, beginner/intermediate level  
Choreographer: Gerard Murphy, Marilynne Delurey &  
Cathy Montgomery (USA) June 2007  
Choreographed to: When The Lights Go Out by Five,  
Five: The Album

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### SHUFFLE FORWARD LEFT, SCUFF ¼ TURN LEFT, HITCH LEFT, BUMP AND BUMP

- 1&2 Shuffle forward left, right, left  
3-4 Scuff right foot forward, turn ¼ turn left and step right foot forward  
5-6 Touch left foot beside right, step left foot in place with a bump to the left  
If more comfortable hitch left knee up on count 5  
7&8 Bump hips right, left, right

### SIDE SHUFFLE LEFT, SAILOR RIGHT, LEFT BEHIND SIDE AND STEP FORWARD, SWIVEL RIGHT TOE

- 1&2 Side shuffle left, right, left  
3&4 Sailor shuffle right, left, right  
5&6 Step left foot behind right, step right to side, step left foot forward  
7&8& Touch right toe forward with toe turned in, swivel right heel out, in, out

### TRAVELING MASHED POTATO STEPS BACK RIGHT AND LEFT, RIGHT COASTER STEP, SHUFFLE FORWARD LEFT, AND TWO PADDLE TURNS LEFT ¼ TURN EACH

- &1 Rise up on ball of left foot with toes turned in on both feet,  
step back on right foot with toes turned out on both feet  
&2 Rise up on ball of right foot with toes turned in on both feet,  
step back on left foot with toes turned out on both feet  
3&4 Coaster step right, left, right  
5&6 Locking shuffle forward left, right, left  
7&8 Turn ¼ left and touch right toe to side, hitch right knee, turn ¼ left and touch right toe to side

### WHILE TRAVELING BACK RIGHT FRONT SAILOR, LEFT FRONT SAILOR, WALK FORWARD RIGHT, LEFT, ½ TURN PIVOT LEFT, TOUCH LEFT TOE ACROSS RIGHT

- 1&2 Step right foot across left, step left to side, step right beside left  
3&4 Step left foot across right, step right to side, step left beside right  
5-6 Walk forward right, left  
7-8 Step forward on right, turn ½ left and touch left toe across right

**RESTART:** After third wall repeat the first 8 counts of the dance and then start dance again

After completing the dance 5 more times repeat the first 8 counts of the dance twice, and then start dance again

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