

Section 1 - Step, Hold, Left Shuffle, Step, Hold, Left Shuffle.

- 1 - 2 Step Forward Right. Hold.
3 & 4 Step Forward Left. Close Right Beside Left. Step Forward Left.
5 - 6 Step Forward Right. Hold.
7 & 8 Step Forward Left. Close Right Beside Left. Step Forward Left.
Note: When Doing The Step Hold In Steps 2 & 6, Raise Hands Up To Neck And Do A 'cut-throat' Action Bringing Both Index Fingers Out.

Section 2 - Forward Rock, Shuffle 1/2 Turn Right, Forward Rock, Shuffle 1/2 Turn Left.

- 9 - 10 Rock Forward On Right. Rock Back On Left.
11 & 12 Shuffle Step 1/2 Turn Right, Stepping - Right, Left, Right.
13 - 14 Rock Forward On Left. Rock Back On Right.
15 & 16 Shuffle Step 1/2 Turn Left, Stepping - Left, Right, Left.

Section 3 - Heel Switches, Toe Touch, Forward Rock, Coaster Step.

- 17 & Touch Right Heel Forward. Step Right Beside Left.
18 & Touch Left Heel Forward. Step Left Beside Right.
19 & Touch Right Toe Back. Step Right Beside Left.
20 & Touch Left Heel Forward. Step Left Beside Right.
21 - 22 Rock Forward On Right. Rock Back On Left.
23 & 24 Step Back On Right. Step Left Beside Right. Step Forward On Right.

Section 4 - Step 1/2, Left Shuffle, Kick Ball Change, Step 1/4 Turn Pivot Left.

- 25 - 26 Step Forward Left. Pivot 1/2 Turn Right.
27 & 28 Step Forward Left. Close Right Beside Left. Step Forward Left.
29 & 30 Kick Right Foot Forward. Place Right Beside Left. Step Onto Left.
31 - 32 Step Forward Right. Pivot 1/4 Turn Left.

Section 5 - Kick Ball Change, Step 1/4 Turn Left, Front Crossing Sailor Step, 1/4 Sailor Turn Left.

- 33 & 34 Kick Right Foot Forward. Place Right Beside Left. Step Onto Left.
35 - 36 Step Forward Right. Pivot 1/4 Turn Left.
37 & 38 Cross Right Over Left. Step Left To Left Side. Step Right Beside Left.
39 & 40 Step Back Left. Step Right 1/4 Turn Left. Step Left Beside Right.

Section 6 - Right Shuffle, Step 1/2 Pivot Right, Left Shuffle, Walk Right, Walk Left

- 41 & 42 Step Forward Right. Close Left Beside Right. Step Forward Right.
43 - 44 Step Forward Left. Pivot 1/2 Turn Right.
45 & 46 Step Forward Left. Close Right Beside Left. Step Forward Left.
47 - 48 Walk Forward - Right, Left

Repeat