

1 - 8 Heel Struts 1/2 Circle R, Sailorsteps

1 & 2 & Touch RHeel forward (start 1/2 R), drop RToes, touch LHeel forward, drop LToes

3 & 4 & Touch RHeel forward, drop RToes, touch LHeel forward, drop LToes (end 1/2 R)

5 & 6 RF cross behind LF, step LF left side, step RF right side

7 & 8 LF cross behind RF, step RF right side, step LF left side

9 - 18 Mambo Forw, Mambo Backw, Charleston, 1/2 R

1 & 2 RF rock forward, recover on LF, RF step backwards

3 & 4 LF rock backwards, recover on RF, LF step forward

5 - 6 RF touch toes forward, RF step backwards

7 - 8 LF touch backwards, LF step forward

9 - 10 RF touch backwards, 1/2 right weight on RF

18 - 26 Vaudeilles, Diagonal Shuffles

1 & 2 & LF cross before RF, RF step right side, LHeel touch diagonally forward, step LF beside RF

3 & 4 & RF cross before LF, LF step left side, RHeel touch diagonally forward, step RF beside LF

5 & 6 LF step diagonally forward, RF step beside LF, LF step diagonally forward

7 & 8 RF step diagonally forward, LF step beside RF, RF step diagonally forward

26 - 36 Heel & Heel, Behind, Side, Cross X2, Side Step (bend knees), 1/4 R

1 & 2 touch LHeel diagonally forward, hitch LKnee, touch LHeel diagonally forward

3 & 4 cross LF behind RF, step RF right side, cross LF before RF

5 & 6 touch RHeel diagonally forward, hitch RKnee, touch RHeel diagonally forward

7 & 8 cross RF behind LF, step LF left side, cross RF before LF

9 - 10 step LF left side (bend knees, hands on thighs), 1/4 right keep weight on LF
