

RIGHT KICK BALL CHANGE-TAP RIGHT HEEL-LEFT KICK BALL CHANGE- TAP LEFT HEEL

- 1 & 2 Kick right foot forward-step on ball of right-change weight to left
& 3 & 4 Lift right heel-tap right heel-lift right heel-tap right heel
5 & 6 Kick left foot forward-step on ball of left-change weight to right
& 7 & 8 Lift left heel-tap left heel-lift left heel-tap left heel

HEEL LIFTS-VINE RIGHT WITH TOUCH BEHIND

- 1 - 2 Lift right heel & turn right knee in-lift left heel & turn left knee in
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3 - 4 Lift right heel & turn right knee in-hold
5 - 6 Side step right with right-step left behind right
7 - 8 Side step right with right-touch left behind right & clap

UNWIND 1/2 LEFT-CLAPS

- 1 - 2 Unwind on ball of right foot 1/2 turn left, clap
3 Hold
& 4 Clap-clap

LEFT SHUFFLE FORWARD-ROCK BACK-ROCK FORWARD

- 5 & 6 Shuffle forward left foot
7 - 8 Step back on right foot & kick left foot slightly forward-step down on left

RIGHT SHUFFLE FORWARD-ROCK BACK-ROCK FORWARD

- 1 & 2 Shuffle forward right foot
3 - 4 Step back on left foot & kick right foot slightly forward-step down on right

LEFT TOE TOUCH FORWARD-TOUCH TOGETHER-TOUCH LEFT SIDE-TURN

- 5 - 6 Touch left toe forward-touch together with left toe
7 - 8 Touch left toe to left side-turn 1/4 to right on ball of right foot

LEFT KNEE LIFT-TOUCH LEFT TOE BACK-LEFT KNEE LIFT-STEP LEFT-STEP RIGHT

- 1 - 2 Lift left knee forward-touch left toe back
3 & 4 Lift left knee forward-step left-step right

SLIDING STEPS FORWARD-HOLD

- 5 - 6 Slide left foot forward & step-slide right foot forward & step
7 - 8 Slide left foot forward & step-hold right in place with right heel up

REPEAT