

#### **SIDE TOUCHES, KICK, KICK, SIDE TOUCHES**

- 1 & Touch right toe to right side, step right next to left  
2 & Touch left toe to left side, step left next to right  
3 Kick right foot forward  
4 Kick right foot forward  
& 5 Step right next to left, touch left toe to left side  
& 6 Step left next to right, touch right toe to right side  
& Step on right next to left

#### **KICK-BALL-STOMP**

- 7 Kick left foot forward  
& Step on ball of left next to right  
8 Stomp right foot forward (weight ending on right)

#### **HIP BUMPS**

- 9 Bump right hip forward  
10 Bump right hip forward  
11 Bump left hip back  
12 Bump left hip back (transferring weight onto the left foot)

#### **BODY ROLL GOING BACK (OPTION- BALL CHANGES GOING BACK)**

- & Bring right foot back to instep of left (staying on ball of foot)  
13 Step back on ball of left foot  
14 Roll down onto heels (transferring weight onto left foot)  
& Bring right foot back to instep of left (staying on ball of foot)  
15 Step back on ball of left foot  
16 Roll down onto heels (transferring weight onto left foot)

#### **OUT, OUT, IN, CROSS, UNWIND, STOMP, HEEL TAPS, SIDE TOUCH, 1/4 TURN**

- & 17 Right step small step to right, left step small step to left  
& 18 Right step back in, left cross over in front of right  
19 Unwind 1/2 turn to right  
20 Stomp right foot forward (no weight)  
21 Tap right heel forward  
22 Tap right heel forward  
23 Touch right toe to right side  
24 Hook right in front of left making a 1/4 turn right

#### **LUNGE, HOLD, CROSS-SIDE-CROSS, TOE TOUCHES, HEEL, TOE TOUCH**

- 25 Step right to right side (like a lunge)  
26 Hold  
27 Cross left behind right  
& Step right to right side  
28 Cross left in front of right  
29 Touch right toe to right side  
30 Touch right toe next to left  
& 31 Step back on right, touch left heel forward  
& 32 Step left next to right, touch right toe next to left

#### **HIP BUMPS FORWARD, FULL TURN IN PLACE, HIP CIRCLE**

- 33 & 34 Step forward on right foot bumping hips right, left, right  
35 & 36 Step forward on left foot bumping hips left, right, left  
37 Cross right over left (touching ball of right foot on outside of left)  
38 Unwind a full turn to left  
39 - 40 Hip circle right to left

#### **REPEAT**