

## **Going Through The Motions**

BEGINNER 32 Count Choreographed by: Debbie Hogg Choreographed to: I Know She Still Loves Me by Sean Kenny

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## STEP TURN TWICE, STEP, HOLD, STEPS BACK WITH 1/2 TURN, TURN

## /Start facing left diagonal front, in 3rd, right foot in front with heel raised, head turned to right diagonal front. Turn & travel towards right diagonal front Step right foot making 1/2 turn right Step left foot making 1/2 turn right (you have now completed full turn) 2& Repeat steps 1& (you have now completed 2x full turns) /Easier option: traveling diagonally forward: step right foot forward, close, step right foot forward, close Step right foot forward, hold 3 - 4 Make 1/4turn left on ball of right foot step left foot to left side, step right foot beside left 5& Make 1/4turn left on ball of right foot step left foot forward /You should now be facing left diagonal back 7 - 8 Sweep right toe around turning left on ball of left foot to finish facing home wall feet together (5/8th turn left!), step left foot in place STEP ACROSS, KICK, CROSS, SIDE, BEHIND, SAILOR SHUFFLES TWICE Cross step right foot over left, kick left foot to left diagonal front 1 - 2 Cross step left foot over right, step right foot to right side (slightly back), step left foot behind right 3&4 Sweep right toe around into right sailor shuffle 5&6 7 & 8 Left sailor shuffle (optional full turn left: cross left foot behind right, unwind) WEAVE LEFT, ROCK, WEAVE RIGHT, ROCK 1& Cross step right foot over left, step left foot to left side Cross step right foot behind left, step left foot to left side 2& 3 - 4 Cross rock right foot over left, rock back onto left foot Step right foot beside left Cross step left foot over right, step right foot to right side 5& Cross step left foot behind right, step right foot to right side 6 & 78 Cross rock left foot over right, rock back onto right 1/2 PIVOT TURN, LOCK STEPS, CROSS, STEP, LONG STEP, SLIDE Step left foot beside right 1 - 2 Step right foot forward, 1/2 pivot turn to left 3 - 4 Step right foot forward, lock left foot behind right 5&6 Step right foot forward, cross step left foot over right, step right foot back

Long step back on left foot, slide right foot beside left 78

## REPEAT

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1

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6

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