

- 19 - 20 Thrust pelvic forward twice  
21 - 22 Roll hips right to left while sliding right foot next to left (end facing 12:00)  
23 Step back on right foot  
24 Pivot 1/2 turn to the right on balls of both feet (end with weight on right foot)

#### DIAGONAL SHUFFLES WITH ARM ROLLS

**/These shuffles are done almost in place**

- 25 & 26 Shuffle diagonally to the left; (left, right, left) (while rolling arms outward in a circular motion)  
27 & 28 Shuffle diagonally to the right; (right, left, right) (while rolling arms outward in a circular motion)  
29 & 30 Shuffle diagonally to the left; (left, right, left) (while rolling arms outward in a circular motion)

#### FORWARD SHUFFLES, STEP, TURN

- 31 & 32 Shuffle forward (right, left, right)  
33 & 34 Shuffle forward (left, right, left)  
35 Step forward on right foot  
36 Pivot 1/2 turn to the left on ball of right foot, shift weight to left foot

#### BODY SWAY, FORWARD SHUFFLE

- 37 - 40 Step slightly to the right on right foot and with knees bent slightly sway hips to the right, left, right, left (ending with weight on left foot)  
41 & 42 Shuffle forward (right, left, right)

#### BODY SWAY, FORWARD SHUFFLE

- 43 - 46 Step slightly to the left on left foot and with knees bent slightly sway hips to the left, right, left, right (ending with weight on right foot)  
47 & 48 Shuffle forward (left, right, left)

#### REPEAT

#### HEEL/TOE TOUCHES

- 1 - 2 Tap right heel forward twice (while bringing arms straight out in front of you, and tapping fist together twice)  
3 - 4 Tap right toe backward twice (while bringing arms behind you and tapping fists together twice)  
5 Touch right heel forward (while bringing arms straight out in front of you, and tapping fists together once)  
6 Touch right toe backward (while bringing arms behind you, and tapping fists together once)  
7 Touch right heel forward (while bringing arms straight out in front of you, and tapping your fists together once)  
8 Touch right toe backward (while bringing arms behind you and tapping fists together once)

#### MILITARY PIVOTS, DIAGONAL LUNGES

- 9 Step forward on right foot  
10 Pivot 1/2 turn to the left on balls of both feet, shift weight to left foot  
11 Step forward on right foot  
12 Pivot 1/2 turn to the left on balls of both feet, shift weight to left foot  
13 - 14 Lunge diagonally to the right on right foot; slide and touch left foot next to right  
15 - 16 Lunge diagonally to the left on left foot; slide and touch right foot next to left

#### SIDE STEP, LOOK, PELVIC THRUST, HIP ROLL, STEP, TURN

- 17 - 18 Step to right on right foot; turn body and head to the left toward 9:00
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