

**"KOOL" PART A**

- 1 & 2 & 3 - 4 Kick right foot forward-kick left foot forward, kick right foot forward twice  
8 Kick left foot forward-kick right foot forward, kick left foot forward twice  
8  
& 9 - 10 Quickly step onto ball of left foot, walk forward-(right-left)  
11 & 12 Step forward on right foot, step together With left, step back on right foot (coaster step)  
13 - 14 Walk back-(left-right)  
15 & 16 Step back on left foot, step together With right, step forward on left foot (coaster step)  
17 - 18 Step to right on right foot, step behind with left foot  
19 & 20 Shuffle in place (right-left-right)  
21 - 22 Step to left on left foot, step behind with right foot  
23 & 24 Shuffle in place (left-right-left)  
25 - 26 Grind right heel forward, step onto left foot  
27 & 28 Shuffle in place (right-left-right)  
29 - 30 Grind left heel forward, step onto right foot  
31 & 32 Shuffle in place (left-right-left)

**"REALLY KOOL" PART B**

- 1 Step forward on right foot at 45 degree angle to right  
2 - 3 & 4 Swivel left (heel, toe, heel & toe) towards right foot (weight remains on right foot)  
5 Step forward on left foot at 45 degree angle to left  
6 - 7 & 8 Swivel right (heel, toe, heel & toe) towards left foot (weight remains on left foot)  
& 12 Scoot back-(right-left-right-left)  
& 12  
13 - 14 Step onto right foot, across front of left, step back on left foot  
15 - 16 Step to right on right foot, step together with left foot  
17 - 18 Step to right on right foot, step behind with left foot  
& 19 Quickly step onto ball of right foot, step onto left foot in front of right foot  
20 Step onto right foot next to left  
21 - 22 Step to left on left foot, step behind with right foot  
& 23 Quickly step onto ball of left foot, step onto right foot in front of left foot  
24 Step onto left foot next to right  
25 - 26 Rock forward onto right foot, step in place on left foot  
27 & 28 Shuffle - (right-left-right), making 1/2 turn to the right  
29 - 30 Rock forward onto left foot, step in place on right foot  
31 & 32 Shuffle - (left-right-left), making 1/2 turn to the left

**/At the very end of sequence, stomp right foot & fade out to end of music-or be creative & "do your own thing"-such as a body-roll etc.**