

#### **Heel Twists Left, Right, Left, Flick Hook, Shuffle Right**

- 1 & 2 Twist Heels Left, Right, Left  
& 3 Flick Hook Right Foot To Left Knee, Turning Slightly Diag Right, Step Forward Right  
& 4 Step Left Behind Right, Step Right Slightly Forward (straightening Up)

#### **Heel Twists Right, Left, Right, Flick Hook, Shuffle Left**

- 5 & 6 Twist Heels Right, Left, Right  
& 7 Flick Hook Left Foot To Right Knee, Turning Slightly Diag Left, Step Forward Left  
& 8 Step Right Behind Left, Step Right Slightly Forward (straightening Up)

#### **Skate Right, Left, Shuffle Right, Skate Left, Right, Shuffle Quarter Turn Left**

- 9 10 Skate Right To Right, Skate Left To Left (moving Slightly Forward)  
11 & 12 Step Right To Right Side, Step Left Behind, Step Right Forward  
13 14 Skate Left To Left, Skate Right To Right (moving Slightly Forward)  
15 & 16 Step Left Quarter Turn Left, Step Right Behind, Step Left Forward

#### **Mambo Rock Forward, Mambo Rock Back. Rock-quarter Turn Left, Cross. Grapevine & Point**

- 17 & 18 Rock Right Forward, Rock Back Onto Left, Rock, Step Right Next To Left  
19 & 20 Rock Left Back, Rock Forward Right, Step Left Next To Right  
21 & 22 Rock Forward On Right Quarter Turn Left, Rock Back Onto Left, Cross Right Over Left.  
23 & 24 Step Left To Left Side, Cross Right Behind Left, Point Left Toe Out To Left Side

#### **Cross Unwind Full Turn, Side Rock. Weave, Point Flick & Quarter Turn, Stomp.**

- 25 26 Cross Right Over Left, Unwind Full Turn  
27 & 28 Rock Left Out To Left Side, Rock Onto Right, Step Left To Right  
29 & Step Right Out To Right Side, Step Left Behind Right  
30 & Step Right Out To Right Side, Cross Left In Front Of Right  
31 & Point Right Out To Right Side, Flick Right Foot Back Pivoting Quarter Turn To The Right On Ball Of Left Foot  
32 Stomp Right Next To Left
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