



Approved by:



Gleehab

2 WALL – 64 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 – 4 5 – 6 7 – 8	Grapevine With Touch x 2 Step right to right side. Cross left behind right. Step right to right side. Touch left beside right. Step left to left side. Cross right behind left. Step left to left side. Touch right beside left.	Side Behind Side Touch Side Behind Side Touch	Right Left
Section 2 1 – 2 3 – 4 5 – 6 7 – 8	Skates Skate right forward to right diagonal. Hold. Skate left forward to left diagonal. Hold. Skate right forward to right diagonal. Skate left forward to left diagonal. Skate right forward to right diagonal. Hold.	Skate Hold Skate Hold Skate Skate Skate Hold	Forward
Section 3 1 – 2 3 – 4 5 – 6 7 – 8	Weave Front, Side, Behind, Sweep, Behind, Side, Cross, Hold Cross left over right. Step right to right side. Cross left behind right. Sweep right around from front to back. Cross right behind left. Step left to left side. Cross right over left. Hold.	Cross Side Behind Sweep Behind Side Cross Hold	Right Left
Section 4 1 – 4 5 – 6 7 – 8 Restart	Touch Forward, Hold, Touch Back, Hold, Step, Pivot 1/2, Step, Hold Touch left forward. Hold. Touch left back. Hold. Step left forward. Pivot 1/2 turn right. Step left forward. Hold. Walls 3 and 6: Restart dance again from beginning at this point.	Touch Hold Touch Hold Step Pivot Step Hold	On the spot Step Pivot Forward
Section 5 1 – 2 3 – 4 5 – 6 7 – 8	Forward Toe Strut x 2, Rocking Chair Step right toe forward. Drop right heel taking weight. Step left toe forward. Drop left heel taking weight. Rock forward on right. Recover onto left. Rock back on right. Recover onto left.	Right Strut Left Strut Forward Rock Back Rock	Forward On the spot
Section 6 1 2 – 4 5 6 – 8	Step, Shimmy 1/2 Turns Step right forward. Making 1/2 turn left, shimmy shoulders keeping weight back on right. Clap on count 4. Push weight forward onto left (no movement). Making 1/2 turn right, shimmy shoulders keeping weight back on left. Clap on count 8.	Step Shimmy Turn Clap Push Shimmy Turn Clap	Forward Turning left On the spot Turning right
Section 7 1 – 2 3 – 4 5 – 6 7 – 8	Back, Kick, Back, Kick, Run Back, Kick Step right back. Kick left foot forward. Step left back. Kick right foot forward. Step right back. Step left back. Step right back. Kick left foot forward.	Back Kick Back Kick Back Back Back Kick	Back
Section 8 1 – 4 5 – 8	Coaster Point, Hold, Coaster Step, Hold Step left back. Step right beside left. Touch left forward. Hold. Step left back. Step right beside left. Step left forward. Hold.	Coaster Point Hold Coaster Step Hold	On the spot

Choreographed by: Gary Lafferty (UK) March 2010

Choreographed to: 'Rehab (Glee Cast Version)' by Glee Cast (160 bpm) from CD Single, also available as download from amazon.co.uk (Intro: track starts with word 'Ohio' sung 3 times, then 4 drumstick beats - that's your "5-6-7-8")

Restarts: There are 2 Restarts, both after Count 32, during Walls 3 and 6

Floor Splits: Suggested floor splits: J'ai Du Boogie; My Girl Sally



A video clip of this dance is available at www.linedancermagazine.com