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## Glarnerland

32 count, 4 wall, beginner/intermediate level

Choreographer: Roland (Gutz) Gutzwiller  
(Switzerland) August 2005

Choreographed to: Glarnerland by Rämblers, CD  
Glärig (160 bpm)

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Start after 32 counts

**I - SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP**

1&2 3 4 R right, L next to R, R right, rock back on L, recover on R

5&6 7 8 L left, R next to L, L left, rock back on R, recover on L

**II - SHUFFLE FORWARD, 1/2 RIGHT, STOP, STOMP, CLAP, CLAP**

1&2 3 4 R forward, L next to R, R forward, L forward, turn 1/2 right and step on R

5-8 Stomp L forward, stomp R forward (shoulder wide apart from L), clap, clap

**III - TAP R TOES, TAP R TOES, KICK R, KICK R, R COASTER STEP, TAP L TOES, KICK LEFT**

1-4 Tap R toes forward, tap R toes forward, kick R forward, kick R forward

5&6 7 8 R backwards, L next to R, R forward, tap L toes next to R, kick L diagonally forward left

**IV - L SAILOR, R SAILOR, CROSS L BEHIND R, UNWIND 3/4 TURN LEFT**

1&2 Cross L behind R, R right, recover on L,

3&4 Cross R behind L, L left, recover on R

5-8 Cross L behind R, unwind over 3 counts turning 3/4 left finishing with weight on L

**Restart:** After wall 7, dance the first 24 counts and then restart the dance

BEGIN AGAIN..... AND SMILE !

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