

## Give Your Heart A Break

32 Count, 4 Wall, Beginner

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Choreographed to: Give Your Heart A Break by Demi Lovato

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Intro: 16 counts after 1st beat (appr. 8 seconds)

Start with weight on L foot

**1 3 X walk fw, kick, 3 X walk back, touch**

1-2 Step fw. on R, step fw. on L

3-4 Step fw. on R, kick L fw.

5-6 Step back on L, step back on R

7-8 Step back on L, touch R beside L

**2 2 X shuffle fw, step ½ turn, 2 X walk**

1&2 Step fw. on R, step L next to R, step fw. on R

3&4 Step fw. on L, step R next to L, step fw. on L

5-6 Step fw. on R, make ½ turn L, stepping fw. on L 6:00

7-8 Step fw. on R, step fw. on L

\*Restarts on walls 4 and 10

**3 2 X mambo, back rock, step ¼ turn**

1&2 Rock R to R side, recover on L, step R next to L

3&4 Rock L to L side, recover on R, step L next to R

5-6 Rock back on R recover on L

7-8 Step fw. on R, make ¼ turn L, putting weight on L 3:00

**4 2 X kick ball change, 2 X out, hold with clap, 2 X in, hold with clap**

1&2 Kick R fw. step R next to L, change weight to L

3&4 Kick R fw. step R next to L, change weight to L

&5-6 Step R out, step L out, hold (clap)

&7-8 Step R in, step L in, hold (clap)

**1st restart** on wall 4 after 16 counts\*

**2nd restart** on wall 10 after 16 counts\*

**Ending:** On wall 14 after first 12 counts make step ½ turn, step 1/4 turn

Good Luck & N'joy!