

Girlicious

32 Count, 4 Wall, Improver

Choreographer: Mark Cosenza (USA) Oct 08
Choreographed to: Big Girls (You Are Beautiful)
by Mika; I Do, I Do, I Do by ABBA (Slower)

Begin the dance 8 counts after the beat kicks in.

1 - 8 Kick, Kick, Weave, Kick, Kick, ¼ Weave

1 - 4 Kick R Fwd, Kick R Side, Cross R behind L, Step L next to R, Cross R over L

5 - 8 Kick L Fwd, Kick L Side, Cross L behind R, Pivot ¼ R and Step R next to L, Step L Fwd (3:00)

9 - 16 Rock and Cross& Cross, Rock and Cross & Pivot

1- 4 Rock R Side R, Recover L,

3&4 Cross R over L, Step L to R, Cross R over L

5- 6 Rock L Side L, Recover R

7&8 Cross L over R, Pivot 1/ 4 R and Step R to L, Step L Fwd _(6:00)_

17 - 24 Rock Fwd & Back, Shuffle R & Shuffle L

1- 4 Rock Fwd R, Recover L, Rock Back R, Recover L

5&6 Moving Fwd Diagonal R (and facing Diagonal L), Bump hips R, L, R

7&8 Moving Fwd Diagonal L (and facing Diagonal R), Bump hips L, R, L

As a fun option for the choreographed track, do what's outlined above for counts 5-8 only when facing the front and back walls. When facing the side walls only, do the following:

5-6 Take a large squat step Diagonal R stepping on R

7-8 Take a large squat step Diagonal L stepping on L

25 - 32 Step & Pivot, Cross Over, Rock Behind, Bump & Bump

1-2 Step fwd on R, Pivot ¼ L and Step on L (3:00)

3-4 Cross R over L, Step L side L

5-6 Cross Rock R behind L, Recover L

7-8 Bump Hips R, Bump Hips L

Restart for ABBA Track only: Wall 5 (12:00):

Do the first 16 counts of the dance and begin the dance again.